

Diastat Acudial (Diazepam rectal gel)

What is Diastat?

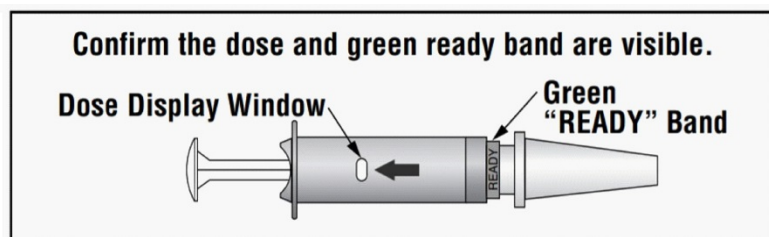
Diastat is diazepam in gel form. It is used rectally for:

- people with epilepsy to control increased seizure activity
- by a caregiver during acute repetitive seizures
- as directed by your doctor

What should the caregiver know about using Diastat Acudial?

Do **not** give Diastat AcuDial until:

1. You have confirmed prescribed dose is visible and if known, is correct and the green "ready" band is visible.
2. You have thoroughly read these instructions.
3. You have reviewed with your doctor:
 - How to use it
 - The types of seizures that need to be treated
 - What to monitor after using
 - When to seek medical attention



Please do **not** administer Diastat until you feel comfortable with how to use it. Discuss with your doctor exactly when to use Diastat and any additional steps that you may need to take in case of Diastat leakage or bowel movement leakage. When you use Diastat correctly and safely, you will help bring seizures under control. Be sure to discuss every aspect of your role with your doctor. If you are not comfortable, then discuss your role with the doctor again.

Who shouldn't use Diastat?

Ask your doctor about using Diastat if:

- You have respiratory (breathing) difficulties (i.e. asthma, pneumonia)
- You are elderly
- You are a woman of childbearing potential, pregnant, or a nursing mother

What are the possible side effects of Diastat Acudial?

The most common side effect is sleepiness or drowsiness.

Other side effects may include:

- | | |
|--|---|
| • Dizziness | • Lack of coordination |
| • headache | • Diarrhea |
| • Pain | • Euphoria (intense excitement and happiness) |
| • Abdominal (stomach area) pain | • Asthma |
| • Nervousness | • Stuffy nose |
| • Widening of blood vessels leading to decreased blood pressure (vasodilation) | • Rash |

What should I do after treatment?

Stay with the person for 4 hours and make notes on the following:

- Changes in resting breathing rate
- Changes in color
- Possible side effects from treatment

A second dose of Diazepam rectal gel may be required based upon your doctor's orders.

What should I expect after treatment?

Seizures should stop within 15 minutes after administration. Call for medical help if the seizures continue after 15 minutes, or when your doctor, says to call

When should I call for medical help?

Call for help if:

- Seizure continues 15 minutes after administration
- Seizure behavior is different from other episodes
- You are alarmed by the frequency or severity of the seizure(s)
- You are alarmed by the color or breathing of the person
- You are instructed by your doctor

Safety information

- Check expiration date and always remove cap before using. Be sure the seal pin is removed with the cap.
- Do **not** use Diastat if you are allergic to diazepam
- Do **not** operate machinery, drive a motor vehicle, or ride a bike until you no longer feel the effects of Diastat
- Do **not** use Diastat with alcohol or in combination with other drugs that cause drowsiness/sedation or decreased breathing
- Diazepam rectal gel can cause drug addiction. Use no more than every five days and no more than five times per month, or per doctor's directions.
- This medication is **not** meant for daily use. Speak with your doctor for more information.
- Speak with your doctor if any of these conditions apply to you: breathing difficulties (i.e. asthma or pneumonia), kidney or liver disease, or are elderly.

How do I store it?

Store at room temperature in the case you received.

Where can I find more information?

Call 1 (877) 361-2719 or visit <http://www.diastat.com/>

Epilepsy Foundation: Call 1(800) EFA-1000 or Visit www.EFA.org

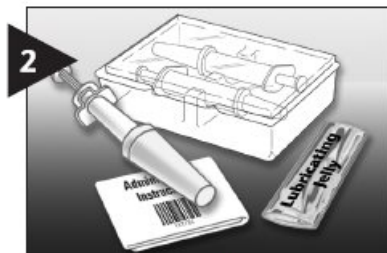
Refer to the package insert

→ Turn the page for instructions on how to give Diastat AcuDial

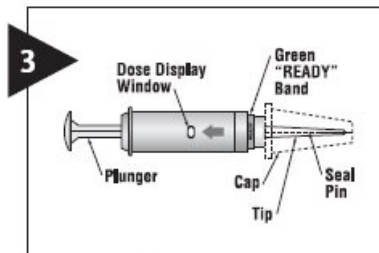
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Put person on their side where they can't fall.

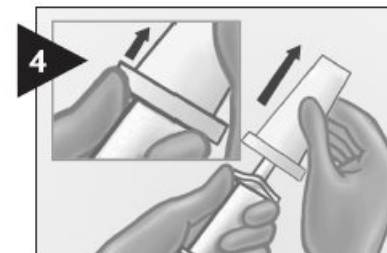


Get medicine.

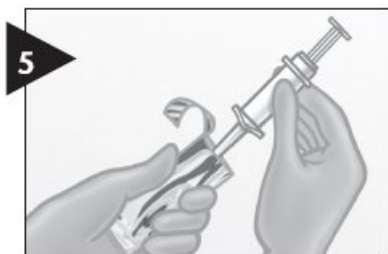


Get syringe.

Note: Seal Pin is attached to the cap.



Push up with thumb and pull to remove cap from syringe. **Be sure Seal Pin is removed with the cap.**



Lubricate rectal tip with lubricating jelly.



Turn person on side facing you.



Bend upper leg forward to expose rectum.



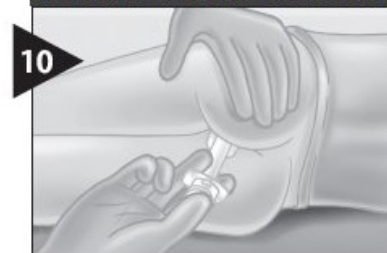
Separate buttocks to expose rectum.

SLOWLY COUNT OUT LOUD TO THREE...1...2...3



Gently insert syringe tip into rectum.

Note: Rim should be snug against rectal opening.



Slowly count to 3 while gently pushing plunger in until it stops.




Slowly count to 3 before removing syringe from rectum.



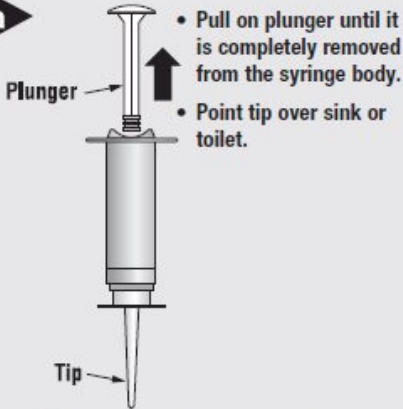
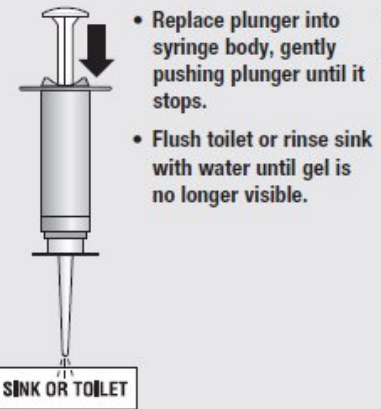
Slowly count to 3 while holding buttocks together to prevent leakage.

ONCE DIASTAT® IS GIVEN

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Keep person on side facing you, note time given and continue to observe.

DISPOSAL INSTRUCTIONS FOR DIASTAT ACUDIAL		DISPOSAL FOR DIASTAT 2.5 MG
<p>14a</p>  <ul style="list-style-type: none"> • Pull on plunger until it is completely removed from the syringe body. • Point tip over sink or toilet. <p>This step is for Diastat® AcuDial™ users only</p> <p>At the completion of step 14a:</p> <ul style="list-style-type: none"> • Discard all used materials in the garbage can. • Do not reuse. • Discard in a safe place away from children. 	 <ul style="list-style-type: none"> • Replace plunger into syringe body, gently pushing plunger until it stops. • Flush toilet or rinse sink with water until gel is no longer visible. 	<p>14b</p> <p>At the completion of step 13:</p> <ul style="list-style-type: none"> • Discard all used materials in the garbage can. • Do not reuse. • Discard in a safe place away from children.

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