

Aimovig (Erenumab) for Migraine Prevention

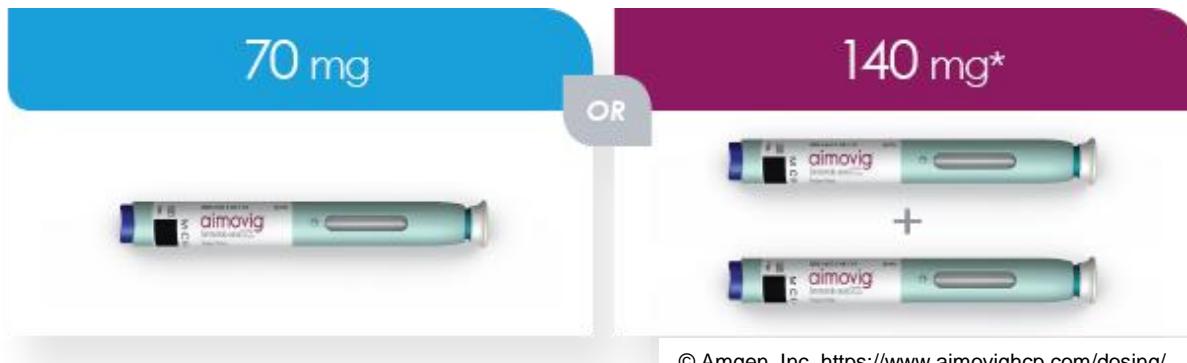
Aimovig (erenumab pronounced erenumab-aooe) is an injectable medication that your doctor prescribed for migraine prevention. Please take as directed by your doctor.

How should I take Aimovig?

Aimovig is injected into the fatty part of the skin of the belly (abdomen), thigh, or back of upper arm. Be sure to change the injection site every time. For multiple injections, you can use the same general location but not the same spot. For more detailed instructions and a video on how to give an Aimovig injection visit: <http://careguides.med.umich.edu/> and type **Aimovig** in the Search Box.

Aimovig is given either as a 70 mg dose or a 140 mg dose. Your doctor will tell you which dose is right for you. You will either get:

- 70 mg = 1 injection taken once per month, or
- 140 mg = 2 injections taken together once per month



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1. Take **Aimovig** out of the refrigerator 30 minutes before giving the shot.
2. Wash your hands before and after using **Aimovig**.
3. Throw the syringe away in a sharp disposal box after one use. It is meant to be used only one time. If you take the 140 mg dose, you will have 2 separate syringes. (see information on disposal below).
4. If you miss a dose of **Aimovig**, give it as soon as possible. Schedule to give your next dose one month from the date you received the last dose. (not the

date of the dose you missed). Use the calendar on page 5 to keep track of your doses.

Do not:

-  Inject into areas where the skin is tender, bruised, hard or red.
-  Heat, freeze or shake the medication.
-  Use the medication if it is cloudy, leaking, or has visible particles.

What drugs interact with Aimovig?

There are no significant drug interactions with **Aimovig**.

What foods interact with Aimovig?

There are no interactions between **Aimovig** and food.

What side effects can occur with Aimovig?

These are some of the most common side effects people experience while taking **Aimovig**:

Common side effects	What can I do?	When should I call the clinic?
Irritation where the shot is given	Change the injection site to see if reaction is limited to one area of the body	If the reaction does not go away or continues to bother you
Constipation	Use an over-the-counter laxative or stool softener	If constipation doesn't go away after 7 days
Cramps, muscle spasms	<ul style="list-style-type: none">• Use an over-the-counter *NSAID or topical pain reliever (applied to the skin)• Get enough rest	<ul style="list-style-type: none">• If unable to perform normal daily activities• If pain persists after 7 days

* Aspirin, naproxen (Aleve), and ibuprofen (Advil, Motrin) are examples of NSAIDs

Allergic reaction is a more serious side effect that can occur with Aimovig which is not as common but you should still be aware of it. Tell your doctor right away or get medical help if needed if you have any signs or symptoms of an allergic reaction such as:

- rash
- hives
- itching
- swelling or tingling in your mouth or throat
- chest tightness
- trouble breathing

What other safety concerns should I know about Aimovig?

- Talk with your doctor if you have a latex allergy. The syringe and auto-injector both contain material from latex that can cause allergic reactions.
- Talk with your doctor if you are pregnant or plan on becoming pregnant while on this medication, or if you are planning on breastfeeding.

How should I handle and store Aimovig?

- Store Aimovig in the original container in order to protect it from the light.
- Store Aimovig in a refrigerator. **Do not freeze** or use any medication if it has been frozen. Once out of the refrigerator, do not place the medication back inside.
- You may store Aimovig at room temperature for up to 7 days. Throw any unused medication away after 7 days.

How should I dispose of Aimovig?

Throw away needles in a sharp/needle disposal box after use. When the box is full, follow all local rules for getting rid of it. Talk with a doctor or pharmacist if you have any questions.



There also may be drug take-back programs in your area. **For more information, please visit:**

- Safe Needle Disposal: www.safeneedledisposal.org
 - Enter your zip code for local disposal information in your area
- *Medication Disposal-How Do I Dispose of Unused Medications?*
<http://www.med.umich.edu/1libr/Pharmacy/MedicationDisposal.pdf>

This information sheet is not meant to take the place of patient care. If you have any questions, please contact your doctor or Michigan Medicine Specialty Pharmacy Services at (855) 276-3002.

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Aimovig Calendar

Month	Day	My next dose (has to be exactly one month after previous dose)