

# Sedated Echocardiogram Discharge Instructions- Chloral Hydrate

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**In an emergency, call 911 or go to your local emergency room.**

## **What should I expect when I go home?**

Your child received **Chloral Hydrate** for their sedated echocardiogram today. These are the things you need to keep in mind:

- It is **very** important that you are able to observe your child in their car seat on the ride home. If no one is able to ride in the backseat with your child, be sure to place them behind the passenger seat so that you can see them in the rearview mirror.
- **Do not** allow their head to slump forward.
- It is okay to let your child sleep. However, as it is possible for them to fall back into a deeper sleep for up to 24 hours after sedation, it is important to observe your child closely for the remainder of the day.
- Chloral Hydrate can cause increased irritability as well as gassiness or loose stools for up to 24 hours.
- Be **very** cautious when allowing your child to sit or stand independently.

## **What do I need to know about my child's medications?**

- You may give prescribed medications as scheduled
- **Do not** give your child medications that can cause drowsiness (for example: cold medications such as Benadryl®) for the first 24 hours after sedation.

## **Who do I call if I have questions?**

For any questions or concerns after discharge, please call Pediatric Cardiology:

- During business hours, Monday-Friday between 8am-5pm call: (734) 764 - 5176

- After hours, on weekends, holidays call: (734) 936 - 6267 and ask for the Pediatric Cardiology resident on call.

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