C.S. MOTT CHILDREN'S HOSPITAL
MICHIGAN MEDICINE

What You Can do While Waiting for Your Child's Autism Diagnostic Evaluation

Although it can take several months before children are seen for an autism diagnostic evaluation, there are several things you can do in the meantime when you are concerned that your child might have autism.

Accessing public education services:

- If your child is less than 3 years old and not enrolled in Early On, request an evaluation here: https://www.1800earlyon.org/.
- If your child is less than 3 years old and already enrolled in Early On, ask your child's therapist whether additional therapies are available, such as a playgroup, speech-language therapy or occupational therapy
- If your child is more than 3 years old, they may be able to receive special education services through your local school district. Contact the special education department of your child's school (if enrolled in school) or the special education office of your district (if not yet enrolled in school) to ask about requesting additional therapies for possible autism.

Accessing medical services:

- Ask your child's primary care provider for referrals to:
    - Speech-language therapy
    - Occupational therapy
    - Social skills groups

Take a look at these reliable resources:

- https://autismallianceofmichigan.org/
- https://www.autismspeaks.org/
- Book: *An Early Start for your Child with Autism*

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