

# Intravesical Ditropan

## (Oxybutynin)

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### **What are the advantages of Intravesical Ditropan?**

- Fewer side effects than with an oral dose
- Acts directly against the bladder
- Achieves greater drug levels than with the oral dose

### **What are the directions for Intravesical Ditropan?**

The liquid preparation is not used because it is only manufactured with a sugar flavoring which may promote bacterial growth.

1. Catheterize as you normally do and empty the bladder. Leave the catheter in place.
2. Crush tablet(s) of Ditropan as prescribed between two spoons.
3. Dissolve the crushed Ditropan with 10 ml of normal saline and draw the saline into the catheter tip syringe.
4. Instill the liquid Ditropan into the bladder by attaching the syringe to the catheter and squirting its contents back into the body.
5. Draw up another 10 ml of normal saline and inject it to flush out the catheter.
6. Remove the catheter with the syringe still connected to the catheter.

If the syringe won't attach to the end of the catheter you may need to use the blue "Christmas tree" plastic adaptor.

### **If you are having an ultrasound exam:**

Please note that the Ditropan may not completely dissolve and appear as a fine suspension of very small particles. On ultrasound they can appear as many tiny particles and can imitate more serious findings such as blood, pus, or other

debris. Please let the person imaging the bladder know that you do an intravesical Ditropan instillation on a daily basis.

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