Care after Catheter Removal for Females

What medications should I give my child now that the catheter is out?
- Stop the Ditropan (oxybutynin) and narcotic pain medication (oxycodone).
- Continue the Bactrim (antibiotic) for 2 more days.
- Continue Tylenol (acetaminophen) and Motrin (ibuprofen) as needed.
- Continue to give a stool softener (Docusate, Colace, or Miralax) until your child is having daily soft bowel movements.

What should I expect in terms of my child’s urination after the catheter is out?
- Please call us if your child has not urinated (peed) within 8 hours after leaving the clinic when the catheter was removed.
- Expect pain with urination the first couple of times she urinates.
- If your child is having pain with urination, have her sit in a warm bath for a few minutes.

Can my child shower or bathe normally now that the catheter is out?
Your child may shower or bathe normally now.

What activities should my child avoid now that the catheter is out?
- Avoid strenuous activities such as sports or gym classes for 2 more weeks (for a total of 3 weeks after surgery).
- Avoid swimming while taking any narcotic pain medication.