



# Care after Catheter Removal for Females

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## What medications should I give my child now that the catheter is out?

- Stop the Ditropan (oxybutynin) and narcotic pain medication (oxycodone).
- Continue the Bactrim (antibiotic) for 2 more days.
- Continue Tylenol (acetaminophen) and Motrin (ibuprofen) as needed.
- Continue to give a stool softener (Docusate, Colace, or Miralax) until your child is having daily soft bowel movements.

## What should I expect in terms of my child's urination after the catheter is out?

- Please call us if your child has not urinated (peed) within 8 hours after leaving the clinic when the catheter was removed.
- Expect pain with urination the first couple of times she urinates.
- If your child is having pain with urination, have her sit in a warm bath for a few minutes.

## Can my child shower or bathe normally now that the catheter is out?

Your child may shower or bathe normally now.

## What activities should my child avoid now that the catheter is out?

- Avoid strenuous activities such as sports or gym classes for 2 more weeks (for a total of 3 weeks after surgery).
- Avoid swimming while taking any narcotic pain medication.

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