

# Care after Catheter Removal after Penile Surgery

## What medications should I give my child now that the catheter is out?

- Stop the Ditropan (oxybutynin) and any narcotic pain medication (oxycodone) your child may have been given.
- Continue the Bactrim (antibiotic) for 2 more days.
- Continue Tylenol (acetaminophen) and Motrin (ibuprofen) as needed for pain.
- Continue to give a stool softener (Docusate, Colace, or Miralax) until your child is having daily soft bowel movements.
- Apply Vaseline with each diaper change until the penis is entirely healed.
- If your child is toilet trained (not in diapers), then apply Vaseline 3 times daily until the penis is entirely healed.

### What should I expect in terms of my child's urination after the

### catheter is out?

- Please call us if your child has not urinated (peed) within 8 hours after leaving the clinic when the catheter was removed.
- Expect pain with urination the first couple of times he urinates.
- If your child is having pain with urination, have him sit in a warm bath for a few minutes.

### Can my child shower or bathe normally now that the catheter is out?

Your child may shower or bathe normally now.

#### What activities should my child avoid now that the catheter is out?

- Avoid strenuous activities such as sports or gym classes for 2 more weeks (for a total of 3 weeks after surgery).
- Avoid any straddling type of playing, such as baby bouncers and bicycles/tricycles for 3 weeks.
- Avoid swimming for 3 weeks and while taking any narcotic pain medication.

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