



My Trach Checklist

Current Trach Size: _____

One Size Smaller Trach Size: _____

Safe suction:

Suction Catheter Size: _____ French (Fr)

Suction Depth: _____ Centimeter (CM)

My emergency equipment:

Portable Suction Machine

Resuscitation Bag

Go Bag

Go Bag supplies:

___ Same size tracheotomy tube with ties attached

___ One size smaller with ties attached

___ Suction Catheters

___ Tracheotomy Ties

___ Lubricant

___ Saline Bullets

___ Scissors

___ DeLee Suction

___ Hemostat

___ HME / Passy Muir Valve (PMV) / Cap

___ Gloves

___ Sterile Water with Syringe (cuffed

___ Obturator

tubes)

My reminders:

- ✓ **My Go Bag should be checked by the trained caregiver before every trip outside the home.**
- ✓ **My emergency equipment should be with me at all times.**
- ✓ **My child has a trained caregiver with them at all times.**

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