



Getting Ready for Your Child's Clinic Visit

The day before the visit:

- Check all of your medications, and note which ones need refills
- Talk to your nurses to see if they have any questions for the team
- Sit for a few minutes to think about any questions you have
- Write everything down or make notes in your phone
- Plan your timing-allow 15 to 30 minutes extra travel time for parking and traffic
- Pack what you can (forms for the visit, notes, extra supplies) the day before and put it in the car or a bag by the door
- Ask another adult to accompany you
- Arrange for childcare for siblings

The day of the visit: what to bring

- Ventilator (if the child is using the ventilator you do not need to bring the bedside machine), circuit, and cord
- Your "Go Bag" and all emergency supplies
- Enough formula and oxygen to last for the entire visit (hour), and the drive to and from the hospital
- Suction machine
- Resuscitation bag
- Paperwork-including any insurance letters, home nursing letters, mileage forms and FMLA forms

Notes:

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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