Where can I find support groups for children with diabetes?
Dates and meeting locations subject to change - Please contact group directly.

Livingston County:

Brighton Go-Getters
What: Support and advocacy for parents of Type 1 children.
When: 1st Fridays of each month, 9AM
Where: International House of Pancakes (IHOP)
Contact: Denise Pentescu 586-703-6426 or dpentescu@jdrf.org.

Oakland County:

Youth and Parent Diabetes Support Group
What: Monthly groups and special events
When: 1 day/month, day TBD from October to April, 7-8PM
Where: Varies
Contact: Kathleen Grobbell 248-898-5529

Genesee County:

Hurley Medical Center Support Group, Flint, MI
What: Support group for parents and children with type 1 diabetes (all ranges).
Monthly activities for kids.
When: Monthly throughout the school year.
Where: Hurley Medical Center
Contact: Pediatric Endocrinology Nursing 810-262-6162

Macomb County:

Diabetes Support Groups through St. John Hospital, Romeo Plank, Detroit
What: 3 Support groups
When: 1x/month from September – April
Where:
  1. Grosse Pointe/Detroit
  2. Fraser/Macomb
  3. Armada/Northern Macomb area
Contact:
  1. Dawn Lubienski 313-417-9546 dlubienski@att.net
  2. Judy Querro 586-415-5548 jdsuportofmacomb@wowway.com
  3. Carol Vandeberghe 810-395-4882 ourkidsincontrol@yahoo.com

**Washtenaw County:**

**Teen Diabetes Group (ages 14+): Ann Arbor, MI**
Please contact Jennifer Schwab RN, BSN, CDE at TeenDiabetesGroup@med.umich.edu to be placed on mailing list.

**Wayne County:**

**Wyandotte Juvenile Diabetes Support Group, Wyandotte, MI**
What: Support group
When: Second Monday of each month from 6:30-8:30PM
Where: Varies
Contact: Jessica Vargo 734-660-9085, jessicavargo@gmail.com
www.facebook.com/wyandotte.jdrf

**Parents Diabetes Network (The family support group)**
What: Support group and monthly activities
When: Parent only meetings, 3rd Tuesday/month, 7-9PM Activities for parents and children, 1st Sunday/month
Where: Location varies.
Where: Westland, Canton, Plymouth, Novi MI
Contact: Kelly Green/Cindy Zach 734-432-2610,
http://home.comcast.net/~pdnmembership
St Clair County:

**Pediatric and Teen Diabetes Support Groups, Port Huron, MI**

What: Events throughout the year
When: Varies
Where: Varies
Contact: Outpatient diabetes program 810-989-3362

Lucas County, Ohio:

**Diabetes Youth Foundation, Toledo, OH**

What: Child and parent support groups and social activities, peer-to-peer connections. Type 1 educational series with diabetes-related presentations with supervised recreational activities in adjoining room for youth/siblings. Newly diagnosed families are encouraged to attend, gather resources, meet and share stories and experiences.
When: 1st Thursday of each month, time TBD
Where: St. Luke's Diabetes Care Center
Contact: Call (419) 887-8739 or email info@dys4kids.org

**JDRF NETWORKING COFFEES**

Join others with a connection to type 1 diabetes in a casual and relaxed setting to chat, share, and learn about living successfully with this disease. To start a JDRF Networking Coffee in your community, please contact Denise Pentescu, at dpentescu@jdrf.org or 248.936.1284.

**Ann Arbor**

Time: 6:00 p.m. - 7:30 p.m.
Location: new location TBD
Host: Subha Ganesh
For More Info: JDRFcoffeemeet@gmail.com

**Bay City/Saginaw**

Time: 6:00 p.m. -7:30 p.m.
Location: Brewtopia
Address: 810 Saginaw Street (Bay City)
Host: Kathy MacBride
For More Info: kpdiabetes@charter.net
Meets: Second Tuesday of the month

Berkley/Royal Oak
Time: 6:30 p.m. - 8:00 p.m.
Location: The Coffee Beanery Café
Address: 28557 Woodward Avenue (Berkley)
Host: Maria Haywood
For More Info: jam595@wowway.com or 248.808.5720
Meets: Third Tuesday of the month

Brighton
Time: 9:00 a.m. - 10:30 a.m.
Location: IHOP
Address: 8075 Nemco Way, Brighton (Target store area-next to Chili’s)
Hosts: Denise Pentescu and Sheila Andring
For More Info: dpentescu@jdrf.org or andringfamily@gmail.com
Meets: First Tuesday of the month

Canton/Livonia/Plymouth
Time: contact Kelly Green
Location: Panera Bread
Address: 400 S. Main, Plymouth
Host: Kelly Green
For More Info: pdnmembership@comcast.net or 734.432.2610
Meets: Monthly- mornings and evenings

Grand Blanc
Time: 6:30 p.m. - 8:00 p.m.
Location: Brick Street
Address: 1223 E. Grand Blanc Rd. (Grand Blanc)
Hosts: Erica Surman and Melissa Jablonski
For More Info: ericasurman@gmail.com or 810.610.4935;
meljablonski@gmail.com or 810.397.0161
Meets: Third Monday of the month
Grosse Pointe Farms
Time: 6:30 p.m. - 8:00 p.m.
Location: Biggby Coffee
Address: 18480 Mack Avenue
Hosts: Dawn Lubienski and Catherine Bridges
For More Info: dlubienski@att.net or 313.417.9546; bridgech@aol.com or 313.727.0612
Meets: Bi-monthly

**Lansing/Okemos**
Time: 2:00 p.m. - 4:00 p.m.
Location: Capital Area District Library
Address: 4321 Okemos Road (Okemos)
Host: Tonya Sessions
For More Info: tonyadiabetes@yahoo.com
Meets: Monthly on Sunday

**Owosso**
Time: 6:00 p.m. - 7:00 p.m.
Location: St. John's UCC
Address: 429 N. Washington
Host: Nicole Tickner
For More Info: ticknernicole@yahoo.com or 517.899.7349
Meets: Second Tuesday of the month

**Rochester**
Time: 9:30 a.m. - 11:00 a.m.
Location: Big Boy
Address: 90 E. Tienken Road
Host: Michele Puzio
For More Info: Bee4inc@aol.com or 248.651.6963
Meets: Fourth Friday of the month

**Wyandotte**
Time: 6:30 p.m. - 8:00 p.m.
Location: Henry Ford Rehab & Ortho Center
Address: 3200 Biddle Avenue, 3rd Floor
Host: Jessica Vargo
For More Info: jessicavargo@ymail.com or 734.660.9085
Meets: Second Monday of the month

**Northwest Ohio - Perrysburg**
Time: 6:00 p.m. - 7:30 p.m.
Location: Holiday Inn French Quarter
Address: 10630 Fremont Pike, Perrysburg
Host: Sharon Launder
For More Info: shlaunder@yahoo.com