How do I obtain a continuous glucose monitor?

1. Meet Sensor Criteria. (See below.)
2. Discuss CGM with physician and Diabetes Team (preferably at clinic appt.). **Attending physician** must then sign a sheet that they are in agreement with sensor therapy before proceeding with next step.
3. Correctly complete CGM Learning Module. Directions with website link and code will be mailed, emailed, or given out in clinic. Diabetes Team member will review completed Module.
4. Prescription/LMN completed by Diabetes Team member, signature of physician is obtained, and prescription/LMN is sent to CGM Company.
5. Patient calls CGM Company to place order.

What are the criteria for obtaining a continuous glucose monitor?

- Should have had diabetes for at least six months before consideration for sensor therapy (if new to the practice - must be seen at least at two clinic visits).
- Ongoing evidence of monitoring and recording blood sugars four times a day - before meals and at bedtime.
- If choosing a sensor that is integrated into a pump, must have 6 weeks of experience using pump.
- Must keep scheduled clinic visits every 3-4 months.
- All caregivers (at least 1 member from each household in the case of split families) involved in child’s care must be in agreement with sensor therapy and agree to attend sensor therapy training.
- Child (age dependent) should express a desire for sensor therapy.
- Child must have enough body fat to wear sensor and administer insulin.