

Handwashing Peritoneal Dialysis

Alcohol based hand sanitizer:

1. Apply a **palmful** of hand sanitizer and cover all surfaces of the hands
2. Rub hands until dry

The entire procedure should be 20-30 seconds.



Soap and water:

1. Wet hands with water and apply enough soap to cover all surfaces of the hands
2. Rinse hands with water and dry thoroughly with single use towel
3. Entire procedure should be 40-60 seconds
4. Use clean, running water when possible and avoid using hot water
5. Use a towel to turn off the faucet
6. Dry hands thoroughly
7. Make sure towels are not used multiple times or by multiple people



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