

Activities I can do at home:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Adaptations I need:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

**Activities I can do outside
of my home:**

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Adaptations I need:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

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