

# Resources for LGBTQIA Individuals

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LGBTQIA refers to: Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, and Asexual or Allied.

## Support Centers

### Jim Toy Community Center

A resource center that exists to provide information, education, social events, and advocacy by and for the Queer and Ally community in the Washtenaw County area. <https://www.jimtoycenter.org/>

### OZone House - Youth

Where youth can find safety and nonjudgmental support from adults and peers. Whether youth need shelter, housing, individual or family counseling, 1:1 support and life skills, a job, to enroll in school, or a hot meal, our door is always open. <https://ozonehouse.org/how-we-help/lgbtq-support/>

### Ann Arbor East Health Center

Ann Arbor East Health Center offers the following services specifically for clients who identify as LGBTQ: education, resources, services referral. This health center offers PrEP (pre-exposure prophylaxis), a medication regimen to help prevent HIV for individuals with high risk of exposure.

<https://www.plannedparenthood.org/health-center/michigan/ann-arbor/48104/ann-arbor-east-health-center-3296-90630/lgbtq>

## University Resources

### Eastern Michigan University LGBT Resource Center

We are a team that consists of a full-time Coordinator along with several student staff members. We work to support and empower members of the

LGBTQ+ community along with providing intentional learning experiences for the campus community. <https://www.emich.edu/lgbtrc/about/>

### **Washtenaw Community College LGBTQA+ Resources**

WCC LGBTQA+ Resources provides education, information and support to students, faculty and staff of all sexual orientations, gender identities, and gender expressions on the WCC campus. We are here to support a campus community and world that values and respects all people. Numerous additional resources provided here: <http://diversity.wccnet.edu/lgbtqa/>

### **University of Michigan**

The Spectrum Center provides a comprehensive range of education, information, and advocacy services working to create and maintain an open, safe, and inclusive environment for lesbian, gay, bisexual, transgender, and similarly-identified students, faculty, and staff, their families and friends, and the campus community at large.

<https://rackham.umich.edu/rackham-life/lgbtq/>

#### **UM Pediatric services:**

<https://www.mottchildren.org/conditions-treatments/ped-mend/gender-management>

#### **UM Adult services:**

<https://www.uofmhealth.org/conditions-treatments/transgender-services>

#### **Youth Support/Social Groups:**

Stand with Trans: <https://standwithtrans.org/>

## **PFLAG**

PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies.

<https://pflag.org/about>

## **The Trevor Project**

Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR. The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.

<https://www.thetrevorproject.org/about/>

## **Gender Queer. Me**

This resource is intended for transgender and non-binary youth and covers transitions, coming out, top surgeries, hormone therapy and many other topics. They also provide additional resources and workshops that may be helpful on your journey. <https://genderqueer.me/featured-voices/>

## **CDC LGBT Health**

These pages provide information and resources on some of the health issues and inequities affecting LGBT communities. Links to other information sources and resources are also provided. <http://transbodies.com/>

## **Transgender and Non Binary Resources**

### **Trans Bodies**

Trans Bodies, Trans Selves is a resource guide for transgender, gender expansive, and non-binary populations, covering health, legal issues, cultural and social questions, history, theory, and more. It is a place for transgender, gender expansive, non-binary, and gender questioning people, their partners

and families, and others to look for up-to-date information on life under the trans umbrella. <http://transbodies.com/>

### **Hudson's FTM Resource Guide**

This Guide is intended to provide information on topics of interest to female-to-male (FTM, F2M) trans men, and their friends and loved ones. Non-trans men have also found the pages on men's grooming and clothing to be helpful.

Transgender, cisgender, intersex, non-binary, genderqueer, questioning, and "just plain folks" are all welcome. <http://Ftmguide.org>

### **Transgender Map - by Andrea James**

This guide provides a detailed map of the transition process and supports available. <https://www.transgendermap.com/welcome/for-trans-people/>

### **The Brown BOI Project**

We are a diverse and broad community, driven by a commitment to racial justice, gender justice, and transforming our privilege of masculinity into a tool for social change. We prioritize support that improves the lives of masculine of center womyn, queer, and trans people of people of color; work that transforms the lives of women and girls; and introduces new alliances and tools for challenging racism, sexism, homophobia, and transphobia across our communities. <http://www.brownboiproject.org/about-us>

### **Trans Youth Family Allies**

TYFA empowers children and families by partnering with educators, service providers and communities, to develop supportive environments in which gender may be expressed and respected. Many additional resources for both parents and youth are available. [www.imatyfa.org](http://www.imatyfa.org)

### **The World Professional Association for Transgender Health**

The World Professional Association for Transgender Health (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association (HBIGDA), is a 501(c)(3) non-profit, interdisciplinary professional and educational organization devoted to transgender health. Our professional, supporting, and student members engage in clinical and academic research to develop evidence-based medicine and strive to promote a high quality of care for transsexual, transgender, and gender-nonconforming individuals internationally.

<https://www.wpath.org/resources/youth-schools-families>

### **UCSF's Center of Excellence for Transgender Health (Trans CoE)**

The Trans CoE's goal is to improve the overall health and well-being of transgender individuals by developing and implementing programs in response to community-identified needs. We bring extensive expertise in transgender health research and best practices for transgender community engagement.

<https://prevention.ucsf.edu/transhealth>

### **Vancouver Coastal Health**

Trans Specialty Care offers knowledgeable and specialized care to transgender and gender diverse persons living in the Vancouver Coastal Health region. We work in teams including nurses, physicians, and social workers. We are a consultation service and work in collaboration with your family doctor. If you do not have a family doctor (GP) or nurse practitioner (NP) we can refer you to the Vancouver Division of Family Practice or Trans Care BC to find options for primary care. [http://www.vch.ca/locations-services/result?res\\_id=1342](http://www.vch.ca/locations-services/result?res_id=1342)

### **National Center for Transgender Equality**

The National Center for Transgender Equality advocates to change policies and society to increase understanding and acceptance of transgender people. In the

nation's capital and throughout the country, NCTE works to replace disrespect, discrimination, and violence with empathy, opportunity, and justice.

<https://transequality.org/about>

### **Transgender Law Center**

Transgender Law Center (TLC) is the largest national trans-led organization advocating self-determination for all people. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation.

<https://transgenderlawcenter.org/about>

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