

This material will help you understand commotio retinae.

What is commotio retinae?

Commotio retinae is damage to the retina caused by blunt trauma. If you think of your eye like a camera, the retina is like the film. It captures images and sends them to the brain. Trauma can cause your retina to become cloudy and white. This may cause vision loss or make your eyesight blurry. Most people notice changes in their vision within a few hours after trauma.

How is commotio retinae treated?

There is no treatment for commotio retinae. However, most people fully recover in 3 to 4 weeks. In cases where trauma causes more severe damage, you may recover only part of your eyesight. Talk to your doctor about your chances of making a full recovery.

Blunt trauma can put your eye at risk of other problems that may need monitoring or treatment. Ask your eye doctor if there are other injuries to your eye that could be affecting your vision.

For example, you may have an increased risk of retinal tears. If you experience an increase in floaters, flashing lights similar to a camera flash, or a dark curtain in your vision, call your eye doctor's office immediately.

For more information, scan this code with your smartphone or visit the website listed.



http://eyeweb.org/case_presentations/c10discussion.htm

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Author: Kristin Maurer, BA, MPH candidate
Reviewers: Steven Cohen, MD and Gale Oren, MILS

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