

# Cleaning My TE Voice Prosthesis in Place What Do I Do?

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**Sit or stand in front of a mirror (magnified if you have one) with a good light source**

1. If there is an insertion strap on the TE voice prosthesis, hold it down to your neck to secure in place.
2. Insert the cleaning brush into the center of the voice prosthesis.
3. Slowly rotate the brush clockwise for 2 complete rotations.
4. Rotate the cleaning brush counter-clockwise for 2 complete rotations. On the second rotation, slowly begin to remove the brush from the prosthesis (Twist it in a motion similar to what you would do to remove a screw then gently pull the brush out while twisting it).
5. Fill the pipet or flush with saline.
6. Place the pipet/flush into the center of the TE voice prosthesis and squeeze, flushing the liquid through the TE voice prosthesis. Leave the pipet/flush in place until the “bulb” refills with air.
7. Repeat steps 2-6 as needed.
8. Clean the voice prosthesis 2-3 times per day or as needed.
9. After use, store pipet or flush face down to allow excess liquid to drain from the “bulb”.
10. After each use, clean the brush in a solution of 50% peroxide and 50% water. Allow to air dry on a flat surface, or place in a container with the bristles upright. **Do not** place brush in a closed container following use.

**\*\*\*Do not** use the cleaning brush to remove secretions from the trachea or front of the voice prosthesis**\*\*\***

## Who do I contact if I have questions?

Your Speech-Language Pathologist:

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