

# My Catheter or TE Voice Prosthesis Dislodged: What Do I Do?

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## What to do if the red Robinson rubber catheter or the TE voice prosthesis dislodges from the TEP (hole for your voice prosthesis):

1. Tie a tight knot in the large end of a 14 Fr red Robinson rubber catheter approximately 1-2 inches from the end. Next, insert the “bullet” shaped tip of the catheter into the TEP.



2. If you are unable to insert the 14 Fr red Robinson rubber catheter into the TEP, go down one size, and try inserting the 12 Fr red Robinson catheter.
3. If unable to insert that size, continue with the smaller sizes (10Fr followed by the 8Fr) until you are able to insert one of the catheters into the TEP.
4. **If you cannot insert any of the red Robinson rubber catheters into the TEP call:**
  - Between the hours of 8:00a.m. and 4:30p.m, Monday-Friday, call Teresa or Anna:
    - Teresa Lyden, MA, CCC/SLP, (734) 936-8051
    - Anna Hardenbergh, MA, CCC/SLP, (734) 936-8051

- After 4:30 p.m. or on weekends and holidays call the University of Michigan Operator at (734) 936-4000, and ask them to page the ENT Resident-On-Call at (734) 936-6267.
5. Once the catheter is in the TEP, insert all but 1-2 inches of the tube and then tape the catheter to the skin as close to the stoma as you are able. This will secure the catheter in place.
  6. Once the catheter is successfully inserted, call the Call Center to make an appointment to have your voice prosthesis replaced by your Speech-Language Pathologist (listed below).

### **Who do I contact if I have questions?**

Your Speech-Language Pathologist:

Teresa Lyden, MA, CCC/SLP, (734) 936-8051

Anna Hardenbergh, MA, CCC/SLP, (734) 936-8051

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