

胃肠动力研究

GI Motility Study (Chinese)

我對胃肠动力研究可以期望什么？

What can I expect from a GI Motility Study?

该测试将涉及吞咽一根不会干扰您呼吸的小管。该管将监测您的胃和小肠的动力（蠕动）。在监测动力数小时后，将给予测试餐或药物以检查上消化道（GI）的动力。该测试大约需要十一（11）小时。 The test will involve the swallowing of a small tube which will not interfere with your breathing. This tube will monitor the motility (movement) of your stomach and small intestine. After monitoring the motility for a few hours, a test meal or medication will be administered to examine the motility in the upper gastrointestinal (GI) tract. This test will take approximately eleven (11) hours.

我如何准备胃肠动力研究？ How do I prepare for a GI Motility Study?

3天前： 3 days before:

不要服用以下药物： Do not take the following medications:

- 动力：甲氧氯普胺、西沙必利、红霉素、多潘立酮
Motility: Reglan, Cisapride, Erythromycin, Domperidone
- 抗恶心：Compazine 丙氯比拉嗪, Tigan 蒂根（三甲基苯甲酰胺）， Torcecan 硫乙拉嗪, Zofran 佐芬（恩丹西酮片）

Anti-Nausea: Compazine, Tigan, Torcecan, Zofran

- 麻醉/疼痛: Codeine 可待因、Vicodin 维可丁、Percocet 波拷赛特、Norco 诺科、Darvon 达尔丰, 等。

Narcotic/Pain: Codeine, Vicodin, Percocet, Norco, Darvon, etc.

- 抗痉挛: Bentyl 便治尔锭、Levsin 乐信、Donnatal (苯巴比妥)

Anti-Spasmodic: Bentyl, Levsin, Donnatal

1天前: 1 day before:

- 前一天晚上10:00之后什么都不能吃。

Nothing by mouth after 10:00pm the night before.

- 不能吸烟。

No Smoking

测试当天: Day of your test:

- 穿舒适的衣服。 Wear comfortable clothes.
- 如果您患有糖尿病, 请使用您平时的 Lente、NPH 或 Novolin 70/30 胰岛素剂量的一半, 并且在您测试的早晨不要用任何常规型胰岛素。 If you have diabetes please take half of your usual Lente, NPH, or Novolin 70/30 insulin dose and do **not** take any regular on the morning of your test.
- **重要的药物, 如治疗心脏、血压、呼吸或癫痫的药物, 应在检查当天早上以少许水服用。除非您的医生或护士另有建议, 否则不应服用非关键性药物, 包括非处方药和保健品。**

Critical medicines, such as those for your heart, blood pressure, breathing, or seizures, should be taken with sips of water on the morning of the test. Noncritical medicines, including over-the-counter medicines and

supplements should not be taken, unless, your doctor or nurse has advised you otherwise.

如果您无法赴约，请致电医疗程序部门 (734) 936-9250 或免费电话 (877) 758-2626。

If you are unable to keep your appointment, please call the Medical Procedures Unit at (734) 936-9250 or toll-free at (877) 758-2626.

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