

What is an esophageal manometry test?

This test examines the movement and pressures of your esophagus. A tube is placed through your nasal passage (or nostril) then swallowed into your esophagus with drinks of water.

What can I expect from an esophageal manometry test?

You will be able to swallow, talk, and breathe without any difficulty during the test. We will record the movement and pressures of your esophagus as you drink small amounts of water.

How do I prepare for an esophageal manometry?

This test will take 1 hour to run.

- **Do not eat or drink after midnight the night before your test if scheduled for a morning appointment.**
- If scheduled for an afternoon appointment, you may have clear liquids until 9 a.m. on the day of your exam, then nothing by mouth after that time.
- Please notify the nurse if you have diabetes and take insulin.

If you are unable to keep your appointment, please call the Medical Procedures Unit:

- (734) 936-9250
- or toll-free at (877) 758-2626

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