What is an Electrogastrogram?
A test that measures the electrical activity moving through the stomach muscles. This electrical activity controls the stomach muscles’ contractions.

What can I expect from an Electrogastrogram?
1. You will be asked to lie down face up on a gurney.
2. Seven patches are placed on your stomach.
3. You will be recorded for 15 minutes so we can get your baseline measurements.
4. You will drink a meal replacement drink (approximately 5 minutes).
5. The final 40 minutes will be used to evaluate your stomach’s electrical activity in response to the meal replacement drink.

How do I prepare for an Electrogastrogram?
7 days before the test:
• No opioid medications
3 days before the test:
• No Nausea medication
• No Spasmodic medication
8 hours before the test:
• Nothing by mouth

Can I take my medicine before an Electrogastrogram?
• Take critical medicines, such as those for your heart, blood pressure, breathing, or seizures, with sips of water on the morning of the test.
• **Do not take** noncritical medicines, including over-the-counter medicines and supplements unless your doctor or nurse has advised you otherwise.

**If you are unable to keep your appointment, please call the Medical Procedures Unit at (734) 936-9250 or toll-free at (877) 758-2626.**