

Post-Operative Instructions Following a Foot Biopsy

1. Do not remove or get bandage wet for at least the first 24 hours.
2. Cleanse the biopsy area with warm soapy water. Rinse with clean water.
3. Pat dry with a clean paper towel.
4. Apply a very thin layer of Vaseline® or antibiotic ointment to the area. Then cover with a Band-Aid® or a piece of gauze and tape.
5. Be sure there is no pressure to the area at all times. Pressure to the area will slow your healing down.
6. It is okay to let the area air dry at night.
7. Take Tylenol® or Motrin® for pain as needed.

Call (734) 647-5871 with any concerns or to report any increase in:

- Pain
- Swelling
- Redness
- Drainage

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan

Author: Crystal Murray Holmes, DPM and Rebecca Burmeister, DPM

Edited by: Karelyn Munro BA

Patient Education by [University of Michigan Health](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International Public License](#). Last Revised 12/2021