

Get The Pressure Off Your Foot Ulcer With Offloading Devices

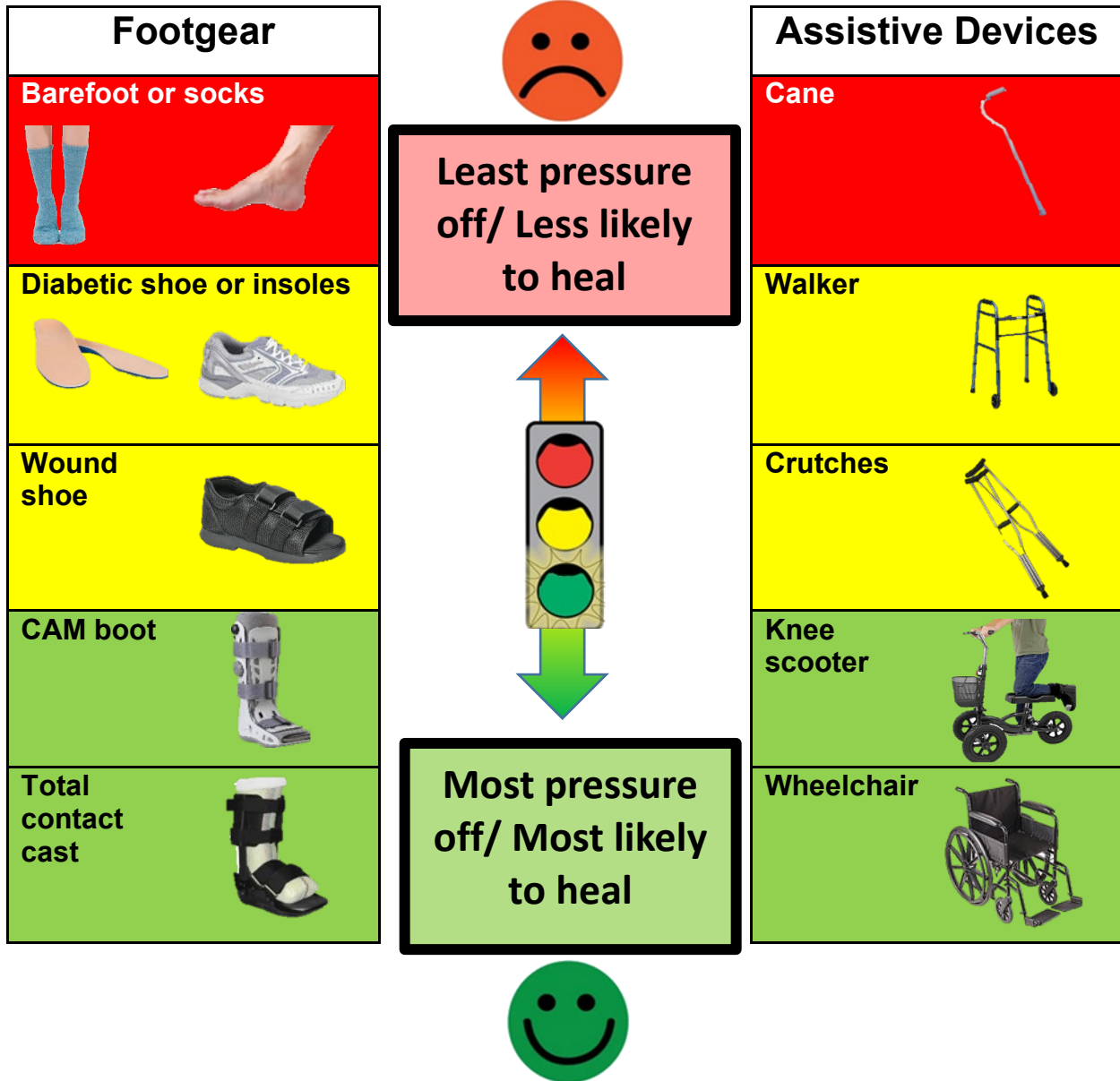
8 out of 10 leg amputations in people with diabetes are caused by a foot ulcer. A foot ulcer is an open sore or wound. Ulcers are often caused by too much pressure to the skin. This extra pressure causes the skin to break down creating the open sore, or ulcer, on your foot.

Diabetic foot ulcers are very common. In fact, every year 15 out of 100 people with diabetes will get a diabetic foot ulcer. These ulcers are the most common complication from diabetes that require a patient to be admitted to a hospital.

You can help stop your diabetic foot ulcer from causing an amputation. One important thing you must do to heal your ulcer is offloading the ulcer. **Offloading** an ulcer means taking the pressure from your body's weight off of the ulcer on your foot. You need to have the ulceration offloaded **100%** of the time to give it the best chance to heal.

There are special types of footgear and assistive devices that can help you take the pressure off your foot ulceration so it heals faster. Work with your doctor to get the right footgear and assistive device to help heal your ulcer!

Take a look at what works best for taking pressure off your foot ulcer.



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