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| UNIVERSITY OF MICHIGAN HOSPITALS AND HEALTH CENTERS Metabolism, Endocrinology & Diabetes (MEND) Adult Diabetes Education Program DIABETES BLOOD GLUCOSE LOG-1 | Name: MRN: BIRTHDATE: |
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|---------------|-----|----|----|----|----|----|----|----|----|----|-----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|--|
| Date: | 12a | 1a | 2a | 3a | 4a | 5a | 6a | 7a | 8a | 9a | 10a | 11a | 12p | 1p | 2p | 3p | 4p | 5p | 6p | 7p | 8p | 9p | 10p | 11p | |
| Blood Sugar | | | | | | | | | | | | | | | | | | | | | | | | | |
| Carbs | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bolus Insulin | | | | | | | | | | | | | | | | | | | | | | | | | |
| Basal Insulin | | | | | | | | | | | | | | | | | | | | | | | | | |

Notes:

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|---------------|-----|----|----|----|----|----|----|----|----|----|-----|-----|-----|----|----|----|----|----|----|----|----|----|-----|-----|--|
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