## http://careguides.med.umich.edu/browseby-medical-service/mend

## PATIENT EDUCATION FROM MICHIGAN MEDICINE EXPERTS



## LEARN MORE >>

## Visit page to learn about:

- Type 2 Diabetes
- Testing Your Blood Sugar
- Insulin Medications
- Diet and Meal Plan Ideas
- Keeping Your Feet Healthy
- Coping and Support
- Videos

and much more

Information You Can Trust!

Handouts, booklets, websites,

apps and videos

created or approved

by Michigan Medicine Experts

