

What is Valium?

Valium is a prescription medication used to help muscle spasm and pain. It is used either vaginally (through the vagina) or rectally (through the anus).

Valium Dosage:

Valium comes in 2 milligrams, 5 milligrams, and 10 milligram tablets. It can also be specially made by a compounding pharmacy into a suppository (cone-shaped medication) so it is easier to insert. Search “compounding pharmacy Michigan” to find this personalized service near you.

How do I take Valium?

Place the tablet of Valium into your vagina or rectum as directed by your doctor. If the tablet is irritating to your vaginal or rectal tissue, crush and mix with Aquaphor® or another vaginal lubricant, then place inside the vagina or rectum.

What are the side effects of Valium?

Common side effects may include:

- Memory problems
- Drowsiness, tired feeling
- Feeling restless or irritable.
- Nausea or constipation
- Loss of interest in sex

Is Valium covered by insurance?

Most insurance companies cover Valium tablets. If it is made into a suppository, this can cost \$800 and is not covered by insurance.

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