

Tenapanor (Ibsrela): Information for Patients

What is Tenapanor?

Tenapanor is used for the treatment of **irritable bowel syndrome with constipation (IBS-C)** in adults over the age of 18. It is available by prescription only. It is a tablet that comes in one dose (50 mg).

How do I take Tenapanor?

The recommended dosage in adults is 50 mg by mouth two times per day. Take it immediately before breakfast or your first meal of the day and immediately before dinner.

What are the side effects?

The most common adverse reactions are diarrhea, abdominal bloating, gas, and dizziness. Tenapanor acts only in the gut and is minimally absorbed. For this reason, most of the side effects are related to your stomach and intestines (known as your gastrointestinal system). The most common side effect is diarrhea, which can sometimes be severe. **Notify your provider** if you develop severe diarrhea.

When should I call my doctor?

Call your doctor or go to the nearest hospital emergency room right away if you develop unusual or severe stomach-area (abdominal) pain, especially if you also have bright red, bloody stools or black stools that look like tar.

Is Tenapanor covered by my insurance?

Tenapanor is not covered by all insurance programs. In some cases, you may need to send a prior authorization to your insurance company for approval.

Prior authorization is the decision made by your health insurer that your medication is necessary after talking to your doctor.

ArdelyxAssist offers several programs to support medication affordability for patients. Call (844) 427-7352, Option 1 if you have any questions or need support with Tenapanor access or affordability.

Fax your prescription to: (866) 694-2555

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