Helpful Products for Michigan Bowel Control Program (MBCP) Patients

Nausea products:
- Ginger tea: peel ginger, slice, seep in water for 5 minutes, then drink.
- Ginger candy
- Ginger ale

Flatulence (Gas) products:
- Charcoal underwear liners
- Cushions and undergarments from GasBGon: http://www.Gasbgon.com:
- Fennel Tea or ½ teaspoon fresh Fennel seeds eaten:
- Activated charcoal

Odor Eliminator:
- Carrascent Fresh Odor Eliminator: Medline Industries:
  https://tinyurl.com/y9ye9c8m

Incontinence supplies:
- Butterfly Body Liners®: this helps with minor incontinence. You can purchase these at Target, Wal-Mart, CVS or online.
- Depend®: Adjustable underwear - maximum has Velcro closures. You can purchase online or at any store that carries incontinence supplies.

- Depend® Silhouette® Active Fit®: moderate-absorbency incontinence briefs, thin design for complete comfort, breathable, premium cotton-like fabric.

- The Clean Seat Undie Protector®: thin disposable, comfortable sanitary pad for urine incontinence, accidental bowel leakage, hemorrhoid leakage, and vaginal discharge. Stays in place all day. You can purchase these at: http://www.thecleanseat.net/