

# Helpful Products for Michigan Bowel Control Program (MBCP) Patients

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## Nausea products:

- Ginger tea: peel ginger, slice, seep in water for 5 minutes, then drink.
- Ginger candy
- Ginger ale

## Flatulence (Gas) products:

- Charcoal underwear liners
- Cushions and undergarments from GasBGon: <http://www.Gasbgon.com>:
- Fennel Tea or ½ teaspoon fresh Fennel seeds eaten:  
<http://flatulencecures.com/using-fennel-seeds-gas-cramps-bloating>
- Activated charcoal

## Odor Eliminator:

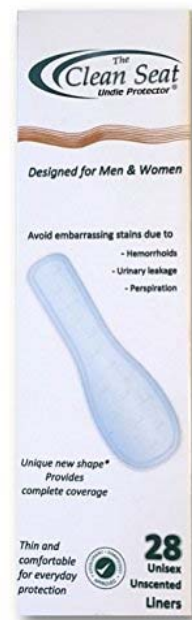
- Carrascent Fresh Odor Eliminator: Medline Industries:  
<https://tinyurl.com/y9ye9c8m>

## Incontinence supplies:

- Butterfly Body Liners®: this helps with minor incontinence. You can purchase these at Target, Wal-Mart, CVS or online.



- Depend®: Adjustable underwear- maximum has Velcro closures. You can purchase online or at any store that carries incontinence supplies.
- Depend® Silhouette® Active Fit®: moderate- absorbency incontinence briefs, thin design for complete comfort, breathable, premium cotton- like fabric.
- The Clean Seat Undie Protector®: thin disposable, comfortable sanitary pad for urine incontinence, accidental bowel leakage, hemorrhoid leakage, and vaginal discharge. Stays in place all day. You can purchase these at: <http://www.thecleanseat.net/>



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