Many women experience problems controlling their bowels. Some women experience an intense urge to rush to the bathroom, and others have no warning due to Accidental Bowel Leakage (ABL). The Eclipse System® is a device to help you regain control of your bowel movements.

**How does the Eclipse System® work?**

The Eclipse Insert is placed into your vagina, resting in the same place as a tampon. When you inflate the balloon it will help you control your rectum by preventing stool from passing when you are not ready for it. The Eclipse System includes the Trial Insert (this should not be used longer than 2 weeks), the Eclipse Insert and a pump.

**Accidental bowel leakage (ABL)** or fecal incontinence, is the inability to control the passage of stool or gas.

**Who should not use the Eclipse System?**

Women who have a vaginal infection or an open vaginal wound should not use the Eclipse System.
Important:
- The Eclipse Insert contains metal. You must remove the Eclipse Insert before a MRI or before obtaining a pelvic x-ray.
- Do not share the insert or the pump.
- Remove the insert immediately and notify your doctor if you have any of the following:
  - Foul odor or excessive vaginal discharge
  - Difficulty urinating or defecating
  - Significant bleeding not associated with menstruation
  - Any new onset or worsening of pelvic pain or discomfort.

How do I put in the Eclipse insert?
Precaution: Remove any tampon or other device you may already be wearing in your vagina.
Insertion:
1. Completely deflate the balloon on the insert.
2. Apply lubricant to your vagina only (optional). Adding lubricant to the insert will make it slippery and difficult to hold. Apply the lubricant to the entrance of the vagina to ease the insertion of the device.
3. Fold the insert
4. Hold the Insert with the balloon pointed down and towards your back.
5. Push the folded Insert as far back in your vagina as is comfortable for you.
6. Once in place, squeeze your pelvic muscles (Kegels) to help settle the insert into position. It should feel comfortable if placed correctly.
7. Inflate the Insert's balloon.

How do I remove the Eclipse insert?
Your doctor may have you remove the Insert as needed.
Precaution: The insert must be removed prior to sexual intercourse.
Precaution: You must wash the insert on a daily basis if you wear your insert during your menstruation.

Removal:
1. Deflate the balloon completely before removal.
2. Pull the Insert out by hooking your finger around the base of the Insert. **Do not pull on the tube to remove.** Pulling on the tube may damage it or the Insert or Connector.

**Usage reminders:**
- Keep the Insert’s balloon inflated at all times unless you are removing it or having a bowel movement.
- Re-inflate the balloon at least 3 times a day minimum including:
  - When you wake up in the morning.
  - Before going to bed at night.
  - After every bowel movement.
- Remove once a week and clean with soap and water. Wash the insert on a daily basis if you wear it during your menstruation.

**Does my insurance cover the Eclipse System?**
Some insurance companies cover Eclipse, other will not. Call your insurance company to see if they will cover it. To pay out of pocket for the Insert with all of the fees included it is approximately $7600.00. There may be a discount if you are paying with cash.

**Where can I learn more?**
To find additional resources visit [http://careguides.med.umich.edu](http://careguides.med.umich.edu) and type “eclipse” in the search box.