

Diabetes Support Groups



MICHIGAN MEDICINE
UNIVERSITY OF MICHIGAN



What are diabetes support groups?

Your doctor has recommended you attend one of our free diabetes patient support groups. A support group can help you meet other patients who have diabetes. They are led by nurses and dietitians who are certified in diabetes care. These groups can help you gain a better understanding of diabetes, give you advice on how to improve your diabetes self-care and offer encouragement along the way.

Where can I find more information?

For more information about this free resource visit:

<http://www.uofmhealth.org/conditions-treatments/diabetes-support-groups>