



Welcome to the Anemia Management Program

You have recently enrolled in the Anemia management and monitoring program through your kidney doctor.

Anemia management requires regular follow up to safely monitor you while you get new medications. If you need to cancel or reschedule medication-related visits or lab draws, it is your responsibility to let your doctor know this. You can do this by contacting the doctor's office. You are responsible for rescheduling visits you miss.

The doctors and nursing team will monitor your labs to determine if adjustments need to be made to your medications. Included with this letter is a provider/patient partnership agreement that contains helpful information and guidelines outlining the responsibilities for your participation in the program.

How do I contact the clinic?

- The most convenient way to communicate with our clinic for non-urgent questions is through the patient portal (MyUofMHealth.org). If you do not already have a portal account, please go to MyUofMHealth.org to register for the patient portal.
- If you have questions, please call our nephrology nursing team at (734) 647-9342.
- If you have an emergency, do not call the office but instead go directly to the nearest emergency room or call 911.

Patient-provider medication monitoring partnership agreement

Patient Name:	MRN:
Anemia Management	Date of Birth:

What is the Patient Monitoring Service?

The **Patient Monitoring service** helps you manage your medication therapy or medical condition by forming a partnership between you and those listed below to ensure that your condition is appropriately monitored:

- You
- Your provider
- The clinical staff
- The laboratory

If you need monitoring based on a prescribed medication, your provider shared information on how and when to take your medication, potential side effects and warnings.

- Tell your provider about all medications you are taking, including any changes, over the counter drugs and natural remedies.

Laboratory/other testing

Once you start a medication or receive a diagnosis, you will be asked to have ongoing laboratory or other testing completed. Test results provide early clues concerning any potential side effects, medication toxicity, or other changes in your medical condition. You may receive a baseline lab test before starting a medication and together you and your provider will establish a schedule for laboratory or other testing.

How do I choose a lab?

If laboratory testing is required, please choose a laboratory, preferably one associated with Michigan Medicine. Here is a link to the Michigan Medicine (MLabs) Blood Draw locations: <https://michmed.org/jO40w>.

If available and insurance allows, we would prefer that you use a lab that sends results electronically into our information system. This will allow us to review the trends in your results over time.

It is important that you:

- Maintain the scheduled lab/medical testing program established by you and your provider.
- Continue to take your medication in the dose and frequency as prescribed.
- Keep scheduled return visits with your provider at Michigan Medicine.

- Keep our lab/other test orders in a safe place.

You may need laboratory or other tests done more frequently than your usual schedule if you start to experience side effects or symptoms or if your lab results have changed.

Laboratory/other Results

In the event your laboratory or other test results are found to change from your baseline, clinic staff will either send you a portal message or call to discuss the results with you. If you do not receive a call, it means your laboratory or other test results were reviewed and were stable.

When should I notify the clinic?

Notify us if:

- You stop your medication for any reason. Notify your provider immediately.
- Ask your provider if you should notify the clinic if you have a fever greater than 100.5 degrees Fahrenheit or show other signs of infection. You need to have a thermometer at home.
- You have any new health problems or hospital admissions or worsening of your clinical condition. Your provider may need to adjust your treatment until your symptoms resolve.
- There are changes in:
 - The location of your laboratory or other testing (send us the facility phone or fax number)
 - Your health insurance that will affect your choice of laboratory or other testing facility or doctor
 - Your current address and phone number
 - Your emergency contact information

What if I can't make my appointments?

Our priority is your health and safety. If you stop or miss lab draws or other medical tests, your provider will determine if it is safe for you to continue your medications. Your health and ability to safely care for yourself may be seriously compromised by failing to attend your scheduled clinic visit or obtain laboratory or other testing as requested.

Medication control

You can properly dispose of expired, unused, or unwanted medication through community take-back programs, local pharmacies, or local law enforcement agencies. Information on where to return your prescription medications can be found at <http://www.michigan.gov/deqdrugdisposal>.

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan

Author: J.A. Wright Nunes, MD MPH

Edited by: Karelyn Munro, BA

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