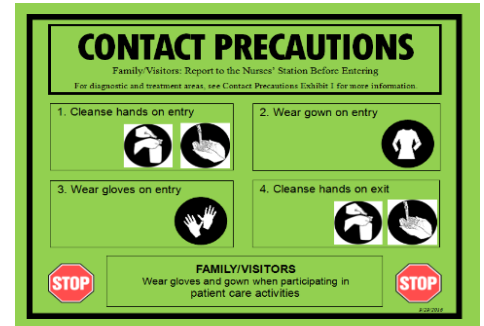


# Contact Precautions & Contact Precautions Diarrheal: General Information

## What are Contact Precautions?

Contact Precautions are used to lower the risk of spreading certain types of germs in your environment with people that come into contact with you. You may be put in a private hospital room or share a room with another patient with a similar type of germ. There will be a green sign on your door.



## What is Contact Precautions – Diarrheal?

Contact Precautions – Diarrheal are used to lower the risk of spreading germs that cause diarrhea. They are the same as Contact Precautions except:

- Medical equipment will be cleaned with bleach
- Washing hands with soap and water before leaving your room is important
- The sign is orange.



## Why are people wearing gowns and gloves?

Staff going into your room will wear a gown and gloves. This is to prevent the spread of germs to other patients because they take care of several patients each day. They will throw the gowns and gloves away and clean their hands before leaving your room.

## When will Contact Precautions or Contact Precautions-D end?

You need to stay in Contact Precautions or Contact Precautions-D until your doctor says that there is no longer a risk of spreading germs to other people.

## Instructions for Patients

### Can I leave my room?

You will be able to leave your room once your symptoms have gone away. Your nurse will tell you when it is ok. This is to lower the chance of spreading germs to other patients. When you leave your room you must:

Wear clean clothing	Clean your hands	Have your nurse or aide wipe down any medical devices that you will take with you
	 or 	

### Where can I go outside of my room?

You are permitted to go to most public areas of the hospital except for the following areas: *(If there are other areas not listed below, ask your nurse if it is ok)*

Cafeteria	Nutrition Room	Family Lounges	Child life activity areas	Visiting other patients or their visitors
Ask your nurse	<b>Not permitted</b>	<b>Not permitted</b>	<b>Not permitted</b>	<b>Not permitted</b>

## **Instructions for family & visitors:**

### **Do my family and visitors need to wear a gown and gloves?**

It is recommended that your family and visitors wear a gown and gloves if they will be participating in patient care activities. Wearing a gown will reduce the spread of germs out of the room on their clothing. Patient care activities include: bathing, wound care, trach care, etc.

### **Where can my family and visitors go outside of my room?**

Your family and visitors must remember to clean their hands, with soap and water (**orange sign**) or the waterless hand rub (**green sign**), when they leave your room. They are permitted to go to most public areas of the hospital, except the following areas:

- Nutrition Room
- Family Lounges
- Child Life Activity Areas including: School and the Michigan GameDay Experience
- Visiting other patients or their visitors

**Thank you for your help with this. It will help keep other people from getting sick.**

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