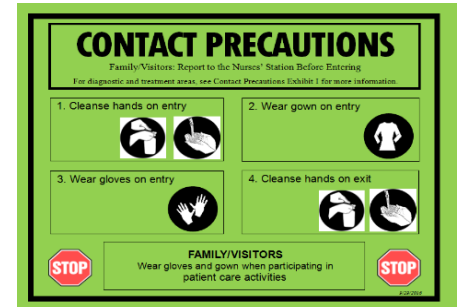


Contact Precautions and Contact Precautions-D

What are “Contact Precautions”?

Contact Precautions are practices to lower the risk of spreading certain types of germs in your environment with people who come into contact with you. If you have to follow contact precautions, we may put you in a private room or have you share a room with another patient with a similar type of germ. There will be a green sign on your door.



What are “Contact Precautions-D”?

Contact Precautions-D (also called **Contact Precautions - Diarrheal**) are practices used to lower the risk of spreading germs that cause diarrhea. They are the same as contact precautions, except any medical equipment in your room will be cleaned with bleach and anyone leaving your room must wash their hands with soap and water before leaving. There will be an orange sign on your door.



Why are people wearing gowns and gloves?

Staff going into your room will wear a gown and gloves. This is to prevent the spread of germs to other patients, because they take care of several other patients each day. They will throw the gowns and gloves away and clean their hands before leaving your room.

When will Contact Precautions or Contact Precautions-D end?

You need to stay in Contact Precautions or Contact Precautions-D until your doctor says that there is no longer a risk of spreading germs to other people.

Can I leave my room if I am on Contact Precautions or Contact Precautions-D?

You will be able to leave your room once your symptoms have gone away. Your nurse will tell you when it is okay. This is to lower the chance of spreading germs to other patients. When it is okay for you leave your room, you must:

- Wear clean clothing or a clean hospital gown
- Clean your hands by washing them with soap and water (if your room has an orange sign or green sign) or the hand sanitizer (if your room has a green sign)
- Have your nurse or nurse assistant clean any medical devices that you will take with you

Where can I go outside of my room?

You can go to most public areas of the hospital. However, **you are not allowed to go to the following areas:**

- Nutrition Room
- Child Life activity areas
- Visiting other patients or their visitors

Ask your nurse if it is okay for you to go to the cafeteria or any other areas that are not listed above.

Do my family members and visitors need to wear a gown and gloves if I am on Contact Precautions or Contact Precautions-D?

We recommend that your family and visitors wear a gown and gloves if they will be participating in any patient care activities. These include bathing, wound care, tracheostomy care, etc. Wearing a gown will reduce the spread of germs out of the room on their clothing.

Where can my family and visitors go outside of my room?

Your family and visitors must remember to clean their hands with either soap and water (for patients with an orange sign or green sign) or the hand sanitizer (for patients with a green sign) when they leave your room. They can go to most public areas of the hospital, but **they are not allowed to go to these areas:**

- Nutrition Room
- Child Life activity areas including the school and the Michigan GameDay Experience
- Visiting other patients or their visitors

Thank you for your help with following these precautions. It will help keep other people from getting sick.

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