

# Troubleshooting my PAP Machine

## Why won't my new mask connect to my old tubing?

1. Make sure you have removed the connector piece from your old mask from your tubing.
2. This is usually a very snug fit and may require peeling back the softer rubber piece from the mask connection or general bending to remove it.



3. Once you have the connector piece removed, you can then attach your new mask connector to the tubing



## Why am I getting water in my PAP tubing?

If you are getting too much condensation (water) in the tubing check for the following things:

- ✓ The humidity setting on your machine.
- ✓ An over-filled water chamber.
- ✓ The temperature of the location where your PAP machine is stored.

Suggestions:

- ✓ Move PAP units away from direct heating/cooling sources like portable heaters, A/C units and windows.
- ✓ Keep the tubing under your blankets to keep it warmer for a more consistent temperature.



- ✓ Heating tubing system or The Tube Buddie® can be used to insulate your tubing to decrease the condensation in the tubing. This is not covered by insurance and is a private pay item.

## **What is this white/pink film I see in my PAP water chamber?**

Regular tap water can have sediment and cause a film to build up in your water chamber. If you do not change the water in the water chamber daily, bacteria can build up in the same water that you are using for humidification in your nose/mouth. In order to prevent this from happening:

- ✓ Use distilled water only.
- ✓ Empty leftover water from the chamber each morning.
- ✓ Rinse out the chamber and let air dry.
- ✓ Replace with fresh distilled water before using at night.
- ✓ Clean and disinfect the water chamber weekly or more often as necessary.

## **How do I clean and disinfect my water chamber?**

### **To disinfect and remove any film**

1. Fill chamber with warm soapy water (the same way you would wash dishes).
2. Rinse with clear tap water.
3. Allow to air dry.

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Author: MedEQUIP Respiratory Technicians  
Reviewers: MedEQUIP Patient Education Committee, Dominos Farm Sleep Lab

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