

How do I Get a Breast Pump?

If you are planning to feed your baby breast milk, it is recommended that you obtain a personal, electric breast pump.

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- At a prenatal doctor's visit, when you are **between 32 -34 weeks pregnant**, ask your doctor for a breast pump prescription.
- When you have the **signed** prescription, call your health insurance provider and **ask if you have coverage** to obtain a breast pump before the baby is delivered.
- If the answer is **yes**:
 - Ask your health insurance provider which durable medical equipment supplier you should call to order your pump.
 - Call the durable medical equipment supplier, give them the prescription information and order your breast pump.
- If the answer is **no**:
 - When you are in the hospital to have your baby, let your nurse know that you need to order a personal breast pump for home.
 - Please note: Personal use breast pumps are an insurance benefit. Individual coverage may vary. If you have any questions, please contact your health insurance provider.



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