

Outpatient Lactation Clinics (Michigan Medicine)

The goal of our education materials is to provide medically accurate information that is inclusive of all parents and families. We invite you to have a conversation with your provider about the vocabulary and language that is most comfortable for you.

Human breast milk (HBM) is the perfect food for human babies, and breastfeeding (chestfeeding) is a natural way to feed your baby. It is also a skill that requires learning and practice. As you and your baby work together to develop your feeding skills, you may need more support.

Michigan Medicine offers outpatient clinic support for parents and babies with breastfeeding concerns, which can include:

- Difficulty latching the baby to the breast
- The baby not gaining weight (failure to thrive)
- History of breast surgery
- Breast pain, or breast infection or swelling (mastitis)
- Nipple pain
- Inverted nipples (nipples point in instead of out)
- Low milk supply

Each lactation clinic is staffed by an International Board Certified Lactation Consultant (IBCLC).

Many insurance plans provide coverage for lactation services. Please contact your insurance company to verify (make sure you have) coverage.

Your primary care provider (PCP) may refer you to the clinic, but a doctor referral is not required.

Please call (734) 763-6295 to schedule an appointment for an in-person consultation at the clinic of your choice.

Outpatient lactation clinics:

Clinic name	Address	Hours
Brighton Health Center	8001 Challis Rd. Brighton, MI	Monday by appointment only
Canton Health Center	1051 N. Canton Center Rd. Canton, MI	Tuesday by appointment only
Briarwood Center for Women, Children and Young Adults	400 E. Eisenhower Pkwy. Building 2, Suite B Ann Arbor, MI	Wednesday by appointment only
Northville Health Center	39901 Traditions Dr. Suite 240 Northville, MI	Thursday by appointment only
West Ann Arbor Health Center	380 Parkland Plaza Ann Arbor, MI	Friday by appointment only

The **Lactation Help Line** is available for general breastfeeding (chestfeeding) questions at (844) 200-8894. A lactation consultant will return your call within 24 hours.

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