

Hysterosalpingogram (HSG) After Essure

Name: _____

Requesting doctor: _____

Appointment Date/Time: _____

What is a Hysterosalpingogram?

A hysterosalpingogram is an X-Ray procedure of the female reproductive tract to determine if the fallopian tubes are blocked, and to determine if the Essure implants have remained in the correct position after the original placement.

Your doctor and staff do this procedure in the Radiology department in the main University Hospital. Remember, you must **practice another method of contraception** until this HSG test is performed. **Do not rely** on Essure for contraception during the three months following the placement of the Essure implants.

How do I get to radiology?

- Please report to the **radiology reception b** in the main University Hospital level B1.
- Park in the patient parking structure. The parking structure has direct links to Floor 1, 2, 3 of Taubman Health Care Center. Enter on Floor 1.
- Turn **right**, follow corridor to end and turn **left** and proceed into the main hospital.
- Go to **east elevators**. Take elevators down to floor level B1.
- Leave elevators and turn **right**, then through double doors.
- Go down corridor following the signs to **radiology reception b** (Reception B is located behind a set of automatic doors – press a button on wall to open the doors).

What are my pre-procedure instructions?

1. Begin taking medications as instructed below starting the night before the X-Ray.
2. You may have breakfast/lunch prior to the X-Ray.
3. If possible, have someone accompany you to drive you home.
4. Wear low-heeled shoes if possible.
5. Please bring sanitary napkins. Do not use tampons.
6. Report any allergies to Aspirin, Tetracycline, Iodine, Shellfish, or IVP Dye.

How do I take my pre-medication?

Your pre-medication is **Motrin® 600 mg tablets** (Decreases uterine cramping during X-Ray). Take the medication as follows

- In the evening of day before the test:
 - Take 1 tablet at bedtime.
- Day of the test:
 - Take one tablet 1-2 hours before your appointment time.
- After test:
 - Take 1 tablet every 4-6 hours if needed for cramping.

What will happen during the procedure?

Your doctor will place a speculum in the vagina. This is the same instrument used in routine Pap and pelvic exams to stabilize the cervix. Your doctor will then place a narrow tube into the cervical opening. You may experience some cramping.

The An X-Ray machine pulls over the pelvic area and gently directs dye through the cervix into the uterus. If the fallopian tubes are open the dye will flow through the tubes and spill into the abdominal cavity. The dye quickly absorbs into the blood stream. A small amount of this dye may flow back into the

vagina. Since this is a clear sugar-based dye, there may be a sticky consistency to the discharge.

You and your partner may view the procedure on a TV screen in the room. Your doctor will take X-Ray films during the procedure and develop them quickly. Immediately following the procedure the Radiologist and the doctor will review the x-rays to give you the result. The actual procedure lasts about 5 to 7 minutes. However, allow up to an hour for your visit.

What should I expect after the procedure?

It is normal to experience mild cramping, a small amount of bleeding, and/or sticky vaginal discharge. If you experience bleeding similar to that of a period, excessive cramping, fever or chills, **do not self-medicate**. Instead, call our office at (734) 763-6295. If this is after hours, nights, or weekends, follow the directions for emergency care given on the office answering machine. These problems rarely occur, but do need to be evaluated by your doctor.

As always, if you have any questions regarding this procedure, please call our office (734) 763-6295.

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