

Uterine Aspiration Discharge Instructions

When should I contact my doctor?

Please contact your doctor if you experience any of the following:

- Nausea
- Vomiting
- Heavy vaginal bleeding (1 maxi pad per hour) or vaginal bleeding that gets heavier rather than lighter
- Fever (greater than 100.5)
- Shortness of breath
- Severe abdominal pain
- Vaginal discharge with odor

What is the contact information?

During business hours, Monday - Friday between 8am - 5pm call **734 763 6295**. After hours call the UMHS paging operator at **734 936 6267** to speak with the On-Call Gynecology Doctor.

If you cannot reach medical assistance by telephone, seek care at Emergency Department.

What will happen after sedation?

You may feel sleepy or not yourself for several hours, because of the I.V. sedation you have received (Fentanyl®/Versed®).

For your safety, **you must avoid** the following activities for the first 24 hours after the procedure:

- Drinking alcoholic beverages
- Driving

- Riding a bike, rollerblading or similar activities
- Operate machinery
- Using power tools
- Cooking
- Swimming
- Bathing in hot tubs or baths

Do not make important decisions for 24 hours.

What are my post procedure instructions?

- Avoid intercourse and put nothing per vagina for 2 weeks
- increase activity as tolerated.
- Keep your appointment post procedure with my OBGYN provider.

You will need to get follow up blood draws and will receive the paperwork needed for that.

	I have received written and verbal information about the medication I received
	I have received written and verbal discharge instructions
	I understand I am responsible for keeping my appointment post procedure with my OB / GYN provider
	All discharge information has been explained to my satisfaction.

Patient Signature

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