

What is Uterine Aspiration?

Uterine Aspiration is vacuuming or using suction to remove uterine contents through the cervix.

What should I do before the procedure?

You will receive a phone call from a nurse in the OBGYN clinic one business day prior to your procedure. If you have any last minute questions this will be the time to have them answered. You will receive instructions about the location of your appointment. Please arrive at your scheduled time.

What should I do if I'm having IV Sedation Analgesia?

- **Do not** eat anything solid for 6 hours prior to your procedure.
- **Do not** drink for 4 hours prior to your procedure.
- Take one (1) Motrin® pill (600mg) with a sip of water 1/2 hour before your appointment. Motrin is a non-steroidal anti-inflammatory medication for pain relief.

What should I do if I'm not having IV Sedation Analgesia?

- Eat a light meal up to 2 hours prior to your procedure.
- Take one (1) Motrin® pill (600mg) with a sip of water 1/2 hour before your appointment. Motrin - is a non-steroidal anti-inflammatory medication for pain relief.

Do I need an adult to accompany me to my procedure?

You must have a responsible adult accompany you to your procedure and drive you home.

What will happen during the procedure?

To begin the procedure, the physician will go over your medical history and perform a pelvic exam. The physician may perform a vaginal ultrasound. The physician will place a speculum in the vagina, and wash the cervix with iodine soap (please note any allergies to iodine). The physician will inject a local anesthetic into the cervix, which will make the procedure more comfortable.

The next step is to dilate the opening of the cervix. When the cervix is opened wide enough, a small sterile plastic tube is inserted into the uterus and connected to a suction device. The tube is moved inside of the uterus with gentle suction for 3-5 minutes in order to remove all of the pregnancy tissue. During and after the procedure, you may feel cramping as the uterus shrinks down to normal size.

What will I do after the procedure?

You will remain in the exam room for observation for approximately 30 minutes. You will receive discharge instructions and a nurse will confirm a follow-up appointment.

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