



Comparison of Surgery for Fetal Myelomeningocele (MMC) Care for Mom

	Mothers choosing prenatal (before birth) repair	Mothers choosing postnatal (after birth) repair
When is the surgery performed?	<ul style="list-style-type: none"> Performed between 23rd -26th week of pregnancy 	First days after birth
What can my activity level be afterwards?	<ul style="list-style-type: none"> Restricted activity for the remainder of the pregnancy with weekly visits 	<ul style="list-style-type: none"> Normal activity for the remainder of the pregnancy
Where can I deliver?	<ul style="list-style-type: none"> Possible delivery at a hospital closer to home but requires a high-risk Obstetrics doctor for care 	<ul style="list-style-type: none"> Delivery at a hospital with pediatric neurosurgery Vaginal delivery or C-section—higher rate of C-section if baby is breech Surgery for the newborn in usually 24-48 hours Higher chance of shunt placement prior to discharge from the hospital
Does it impact future pregnancies?	<ul style="list-style-type: none"> Need to wait 2 years before the next pregnancy All future pregnancies require a cesarean delivery (C-Section) 	<ul style="list-style-type: none"> Minimal impact on future pregnancies

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Edited by Karelyn Munro BA

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