

Health Rights for Teens (ages 12-18)

1. You will not be treated differently because of your race, skin color, place where you were born, religion, sex, age, sexual orientation, gender identity, handicap, or health insurance.
2. You will be treated with respect by all health center staff.
3. If your parents are with you, we ask your parents to leave for part of your visit – this is your time to talk to us privately. We also encourage you to share with your parent/caregiver or another trusted adult in your life the information we discuss.
4. The private information you share with our health center staff will not be shared with other people without you saying it is okay (giving consent).

A. According to Michigan law, all teens can get the following services **without** the permission of his/her parent or legal guardian*:

- Pregnancy Testing, Prenatal Care and Pregnancy Services
- Birth Control Information and Contraceptives
- Testing and Treatment for Sexually Transmitted Infections
- Substance Abuse Treatment

Please note: Some insurance plans may mail a list of tests received to your house. Talk to your provider if you are using your family's insurance and want confidential care.

B. According to Michigan law, teens 14 or older can get the following services **without** the permission of his/her parent or legal guardian:

- Outpatient Counseling (mental health) Services, up to 12 visits

Adolescent Health Initiative (AHI)

- C. We will be **forced to share your private information** (by law) when:
- a) You tell our staff or we suspect that an adult is hurting you.
 - b) You tell our staff that you want to hurt yourself.
 - c) You tell our staff you want to hurt someone else.
 - d) You are **under** 12 years old and are sexually active.
5. We will work in partnership with you to determine the care you need. You will receive the best possible care and have your options for care explained to you.
6. You have the right to review your health center record.
7. If you have questions about your rights or feel you have been mistreated, please inform the health center staff.

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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