

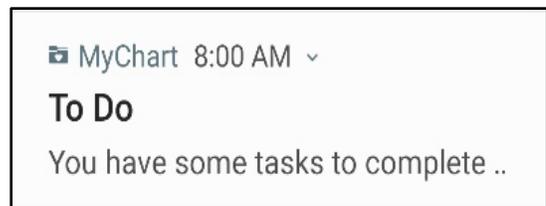
MyChart® (Patient Portal) Care Companion User Guide

Care Companion is a tool available through the MyChart® Mobile App that sends you reminders and notifications for managing your care. At Michigan Medicine, MyChart is called the “Patient Portal”.

How does Care Companion help me manage my care?

You may receive notifications for tasks such as:

- Taking your medications
- Keeping tracking of your health
- Educational materials
- Periodic check-ins
- Questionnaires

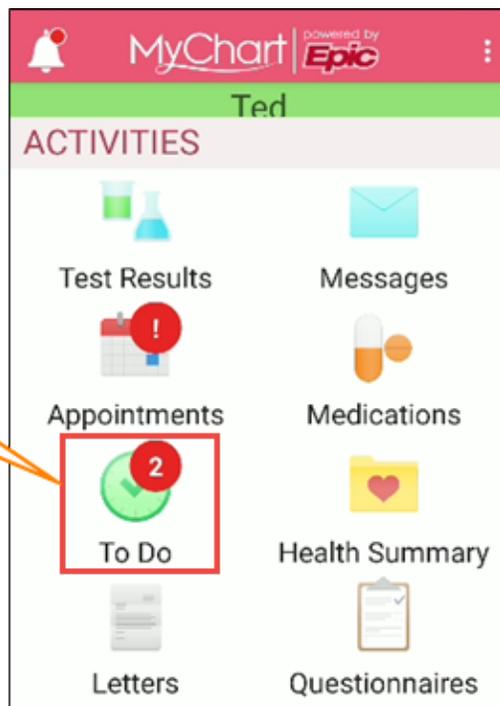


Example Notification

How do I access care tasks?

From the home screen, tap **To Do**.

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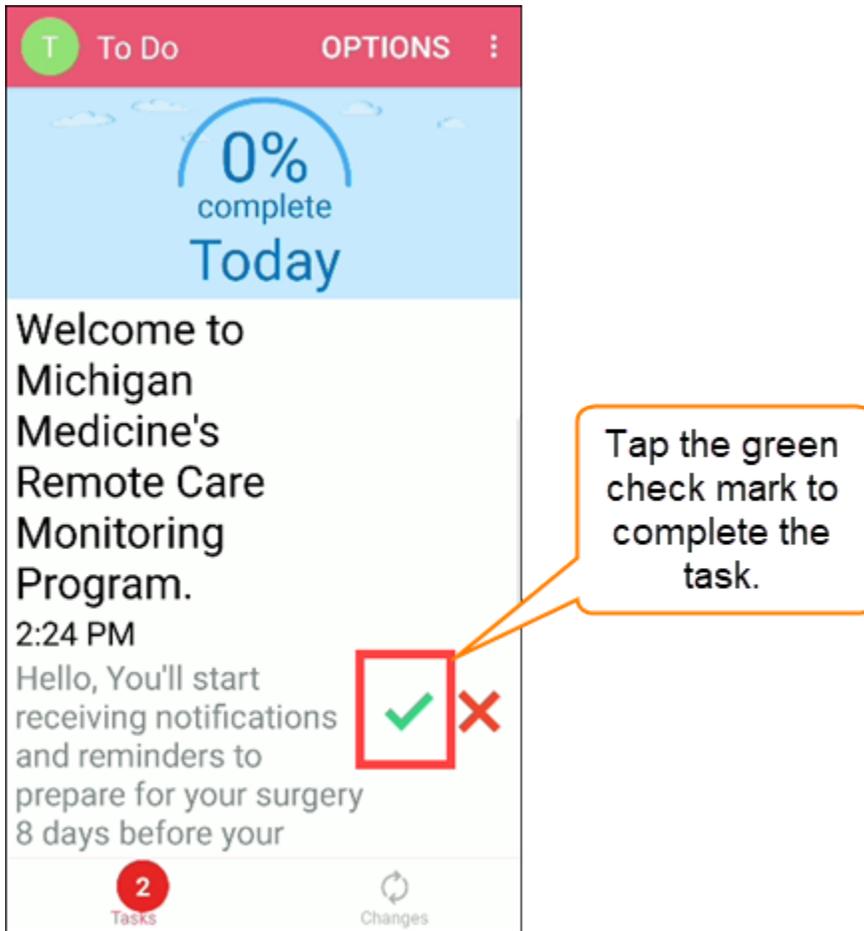


How do I complete the care tasks?

There is a different way to complete each task.

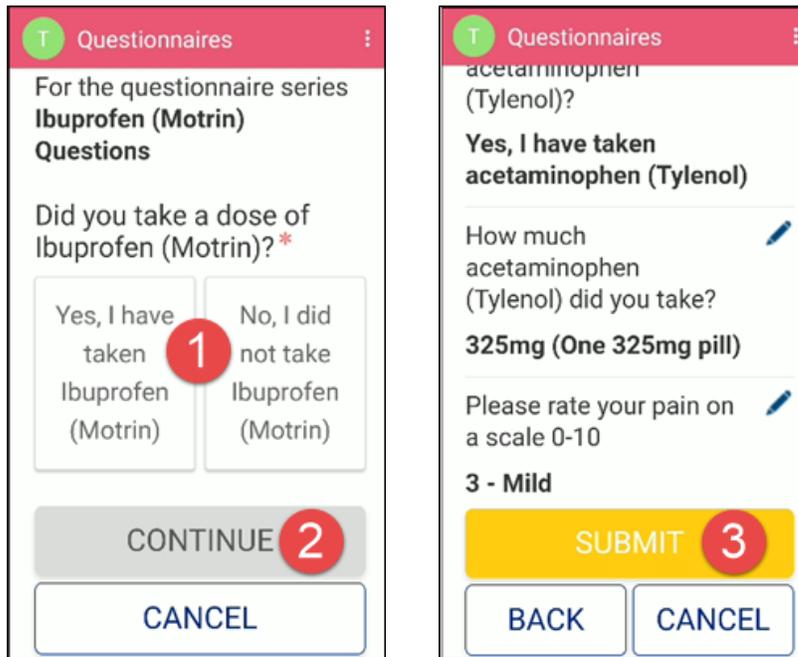
Completing a general task:

Tap the green check mark to complete the task.



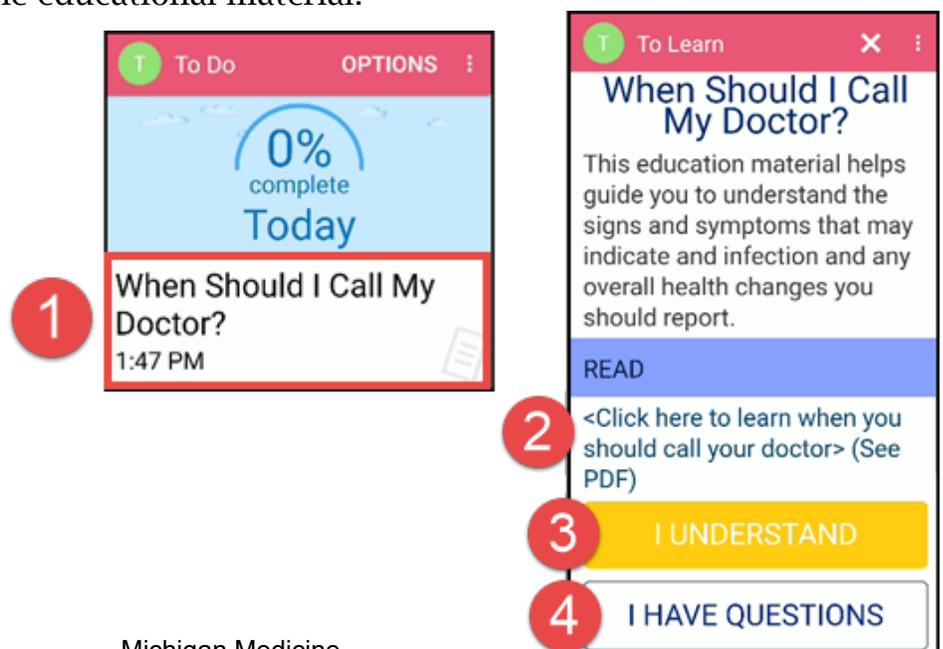
Completing a questionnaire:

1. Select the appropriate response to the question.
2. Tap **Continue** and respond to any remaining questions.
3. After responding to all questions, tap **Submit**.



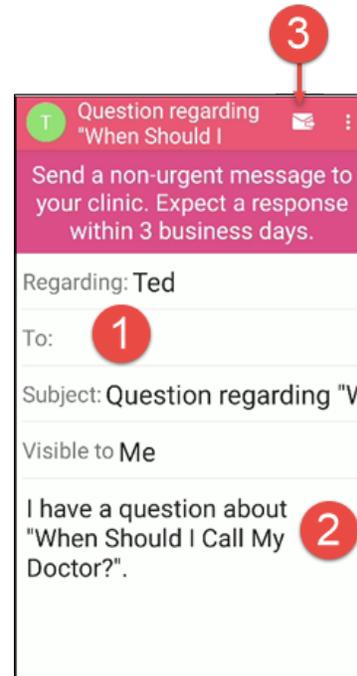
Completing education:

1. First tap the message (“When Should I Call My Doctor” in the example.)
2. Tap the **PDF** to read the educational material.
3. Tap **I Understand** to complete task.
4. Tap **I Have Questions** to send a message to the clinic.



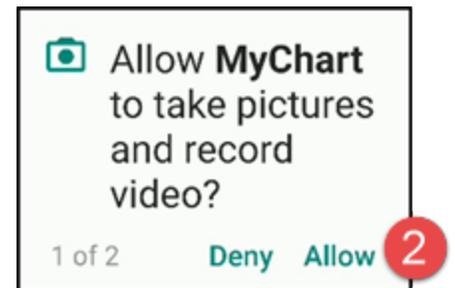
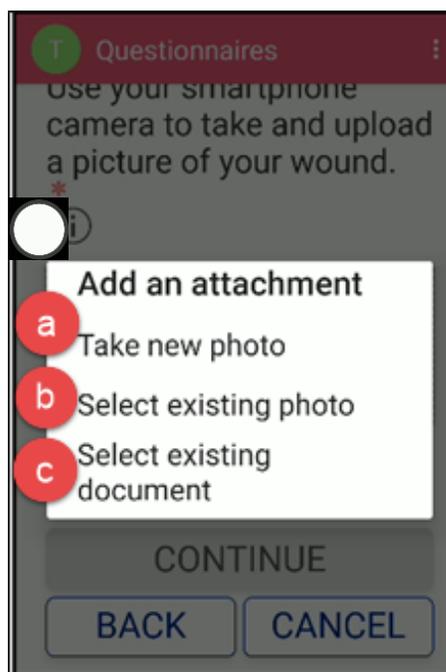
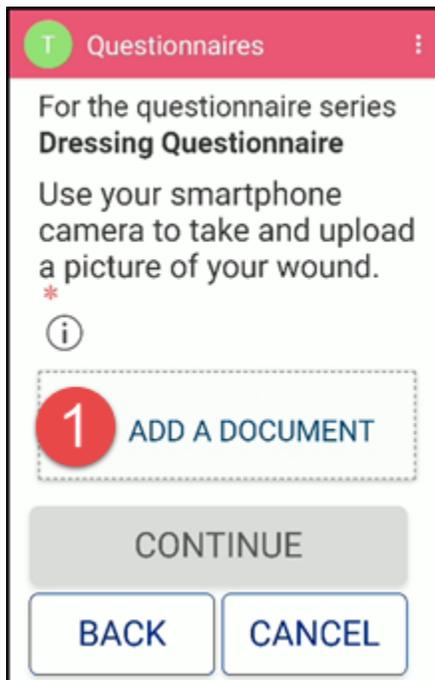
If you need to send a message to the clinic:

1. Tap the **To** field to select your doctor's name.
2. Type your question in the blank space.
3. Tap the envelope icon  to send.

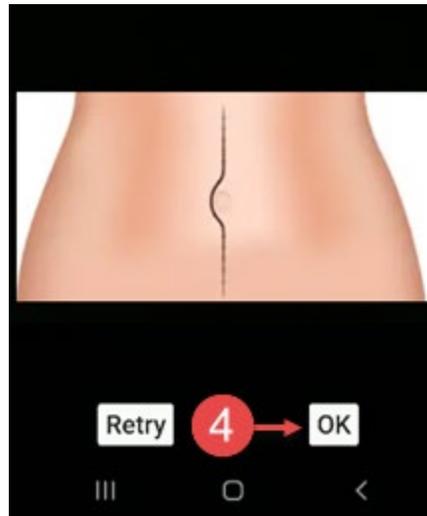
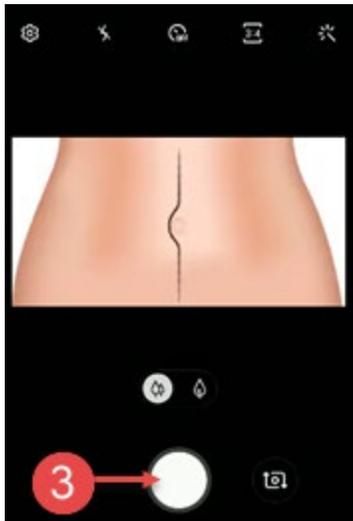


Uploading a photo:

1. Tap **Add a Document**.
 - a) Tap **Take a new photo** to take a photo.
 - b) Tap **Select existing photo** to upload a photo from your device.
 - c) Tap **Select existing document** to upload a document from your device.
2. Tap **Allow** if a message displays.



3. Tap the camera button.
4. Tap **OK** to save the photo.



Who do I contact if I have questions?

For assistance with the MyChart mobile app please contact:

Phone: (734) 615-0872

Fax: (734) 998-0105

E-mail: HIM-PatientPortal@med.umich.edu

Hours: Monday - Friday 7:30 a.m. to 4:00 p.m.

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