



Expedited Partner Therapy for Chlamydia, Gonorrhea, and Trichomonas: Washtenaw County Residents

Key Points:

- Expedited Partner Therapy (EPT) is a fast, convenient, and private way for sexual partner(s) to get treatment for chlamydia and/or gonorrhea without first being examined by a health care provider. We are also evaluating the use of EPT for trichomonas infection as well.
- If your sexual partner(s) are unwilling or unable to get prompt treatment, you will receive medications to give to them.
- Men who have sex with men and anyone with a known allergy to azithromycin, cephalosporins, metronidazole, and/or penicillin are not eligible for EPT.
- If you test positive for chlamydia, gonorrhea, and/or trichomonas you must get treatment **as soon as possible**, in order to protect your own health and avoid spread to others.
 - Without treatment STIs can cause serious, long-lasting health problems.
 - Take your medication as directed by your health care provider. After taking the medicine, do not have sex for 7 (seven) days.
- You and your sexual partner(s) should have a repeat test for chlamydia, gonorrhea, trichomonas, syphilis, and HIV in 3 months. If you are pregnant, you should have a repeat test 3-4 weeks after treatment.

Additional resources for testing and treatment of STIs in Washtenaw County are included in this document.

What is Expedited Partner Therapy?

Expedited Partner Therapy (EPT) is a fast, convenient, and private way for sexual partners to get treatment for sexually transmitted infections (STIs). In order to ensure that both the patient and their sexual partners receive

treatment to fight the infection, the patient will receive medications for themselves and one for their sexual partners.

Which STIs does EPT treat?

EPT is for treatment of chlamydia and/or gonorrhea. Chlamydia and gonorrhea are bacterial STIs you get from having sex with someone who is already infected. EPT is also being used for treatment of trichomonas, which is an STI. This is a parasitic infection. Many people with these STIs do not know they have them because they feel fine.

Why do I need treatment?

It is important to get treatment as soon as possible to protect your health, to avoid spreading the STI to others, and to prevent yourself from being re-infected.

Without treatment, these STIs can cause serious health problems including:

- Pelvic inflammatory disease (PID)
- Ectopic pregnancy
- Infertility
- Increased risk of HIV
- Increased risk of early labor and delivery if you are pregnant

How do I get treatment for an STI?

Your health care provider will have you come back to the office to pick-up medications for yourself and your sexual partners. You may also contact your local health department for treatment.

How do I get treatment for my sexual partners?

The best way for your partners to get treatment is to see their doctor or go to the local health department so they can discuss any concerns and check for additional infections. If your partners cannot get to a doctor, they should choose EPT for treatment.

If you indicate to your health care provider that your sexual partners are unwilling or unable to get treatment at their doctor's office, you will be provided medications to give to them.

Attached is a list of additional resources for testing and treatment of STIs in Washtenaw County. For more information or if you live outside of Washtenaw County visit the Michigan Department of Health and Human Services STD (Sexually Transmitted Diseases) Program website at : <http://www.michigan.gov/hivstd> or call 1-517-241-5900

What medications will I take?

Treatment for Chlamydia: You will take azithromycin 1 gram orally in a single dose. To reduce gastrointestinal symptoms (e.g., nausea or vomiting), we recommend that you take this medication with food. If you vomit within 1 hour of taking your medication, please call the clinic for another dose.

Treatment for Gonorrhea: You will be called back to the clinic to receive ceftriaxone 250mg as an injection into the muscle (IM) and azithromycin 1 gram orally in a single dose.

Treatment of Trichomonas: You will take metronidazole 2 grams orally in a single dose. To reduce gastrointestinal symptoms, we recommend that you take this medication with food and avoid alcohol consumption during treatment. If you vomit within 1 hour of taking your medication, please call the clinic for another dose.

What medications will my partners take?

EPT for Chlamydia: Your sexual partners will take azithromycin 1 gram orally in a single dose. This medication should be taken with food to avoid gastrointestinal symptoms.

EPT for Gonorrhea: Partners will take cefixime 400 milligrams orally in a single dose **and** azithromycin 1 gram orally in a single dose.

EPT for Trichomonas: Partners will take metronidazole 2 grams orally in a single dose. This medication should be taken with food to avoid gastrointestinal symptoms.

Ambulatory Care Services
Expedited Partner Therapy for Chlamydia, Gonorrhea and Trichomonas:
Washtenaw County Residents

Take your medication as directed. Some people may have a mild upset stomach. After taking the medicine, do not have sex for 7 (seven) days. Do not share your medication or give it to anyone else. It is important to tell everyone you have had sex with in the last 60 days that they need to see a doctor to be tested for STIs.

What happens after STI treatment?

It is important to make sure that your infection is gone after treatment. We recommend that you and your sexual partners have a repeat test for chlamydia, gonorrhea, trichomonas, syphilis, and HIV in 3 months. If you are pregnant, it is recommended you should have a repeat test at least 3-4 weeks after treatment.

Precautions

- Do **not** take these medications if you have had an allergic reaction to:
 - Azithromycin
 - Erythromycin
 - Clarithromycin
 - Metronidazole
- Do not take cefixime if you have an allergy to cephalosporins or a life-threatening allergy to penicillin. If you do not know if you have an allergy, call your doctor or pharmacist before taking this medication.
- Contact your doctor before taking these medications if you have:
 - Kidney disease
 - Liver disease
 - Heart Disease
 - Colitis
 - Other stomach problems
- If you take other prescription medication(s), talk to your doctor and pharmacist before taking these medications.

Precautions for specific groups:

- **Women:** If you have lower belly pain, pain during sex, vomiting, or a fever, do **not** take this medication. You should see a doctor to be certain you do

not have Pelvic Inflammatory Disease (PID). PID can be serious and may lead to infertility, pregnancy problems, or chronic pelvic pain.

- **Pregnant Women:** It is very important for you to see a doctor to get pregnancy services and pre-natal care. The antibiotics for EPT are safe for pregnant women, but you still need to see a doctor as soon as possible. It is also important to note that doxycycline is an alternative therapy for chlamydia treatment, but pregnant women should **not** take it.
- **Men:** If you have pain or swelling of your testicles, or have a fever, do **not** take this medication. See a doctor as soon as possible.
- **Men who have sex with men:** Michigan continues to experience high rates of syphilis and HIV in men who have sex with men. Many men with gonorrhea and/or chlamydia could also have syphilis and/or HIV and not know it. If you are a man who has sex with other men, it is very important that you see a healthcare provider and get tested for HIV and syphilis. Since there is no data that shows benefit of using EPT in men who have sex with men, this group is not eligible for EPT

How can I prevent STIs?

There are multiple ways to prevent STIs.

- Do not have sex. This is the only sure way to avoid getting or transmitting an STI.
- Use barrier methods, such as condoms, every time you have sex
- Limit your number of sexual partners.
- Get regular medical exams, including testing for STIs.

Where can I learn more information?

For more information about EPT or STIs, please contact your healthcare provider or local public health department. You can also contact the Michigan Department of Health and Human Services STD Program at (517) 241-0870 or www.michigan.gov/hivstd.

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Adapted from: Michigan Department of Community Health. [Expedited Partner Therapy: Information Sheet for Patients and Partners.](#)

Reviewers: Susan Ernst, MD; Okeoma Mmeje, MD, MPH, Margaret Riley MD

Resource Table compiled by Gregory Woods

Patient Education by [Michigan Medicine](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License](#). Last Revised 08/2018

**Local Sexual Health Resources
Washtenaw County**

	Site + Address	Scheduling + Contact Information	Services Offered	Costs Involved
1	<p>Washtenaw County Public Health 555 Towner Street, Suite 1103 Ypsilanti, MI 48198</p>	<p>Please call Monday – Friday (8:30 AM - 5 PM) to schedule an appointment. Evening appointments are available. Walk-in Hours: Wednesdays 9am-11:45am and 1pm-4pm for pregnancy testing Thursdays 1pm-4pm for HIV/STI testing</p> <p style="text-align: center;">734-544-6840</p>	<ul style="list-style-type: none"> • Testing: HIV, gonorrhea, chlamydia, Hepatitis B, Hepatitis C, Syphilis • Immunizations: Hepatitis A, Hepatitis B, HPV • Other: Pre-exposure prophylaxis (PrEP) for HIV, free condoms, pregnancy testing, birth control, Pap smears for women with Medicaid 	<ul style="list-style-type: none"> • Medicaid only for insurance • HIV testing – free • Free pregnancy testing • STI testing is based off of a sliding scale (\$40-160). • Vaccines - \$15 per vaccine plus cost of vaccine <p>The Washtenaw County Public Health Office considers age, income, insurance status, and other factors when assessing payment for services. No one will be turned away because of an inability to pay.</p>
2	<p>Unified – HIV Health and Beyond Ypsilanti Office 3075 Clark Road Suite 203 Ypsilanti, MI 48197</p>	<p>Please schedule an appointment prior to visit. Open for testing: Tuesdays (11 AM – 7 PM) Wednesdays (5 – 7 PM) Saturdays (10 AM – 2 PM)</p> <p style="text-align: center;">734-572-9355</p>	<ul style="list-style-type: none"> • Testing: HIV, Hepatitis C • Referral services • Health insurance enrollment • Other: Support groups, tobacco cessation, free condoms, and various social services 	<ul style="list-style-type: none"> • HIV testing/services – free • Hepatitis C – free

3	<p>The Corner Health Clinic 47 North Huron Street Ypsilanti, MI 48197</p>	<p>Please call or use the website below to schedule an appointment. Open:</p> <p>Mondays (9 AM – 8 PM) Tuesdays (9 AM – 6 PM) Wednesdays (1 PM – 8 PM) Thursdays (9 AM – 6 PM) Fridays (9 AM – 5 PM)</p> <p style="text-align: center;">734-484-3600 www.cornerhealth.org</p>	<p>For patients ages 12 – 25.</p> <ul style="list-style-type: none"> • Testing: HIV, STI, pregnancy tests • Immunizations • Other: Free condoms, birth control, emergency contraception, pap smears, mental health 	<ul style="list-style-type: none"> • Sliding scale fee for all services • Insurance • Medicaid
4	<p>Planned Parenthood Ann Arbor Health Center 3100 Professional Drive Ann Arbor, MI 48104</p>	<p>Open: Mondays - Fridays (9 AM – 5 PM) Select Saturdays by appointment only</p> <p style="text-align: center;">734-973-0710</p>	<ul style="list-style-type: none"> • Testing: HIV, STI's, UTI's, pregnancy tests • Immunizations • Other: Condoms, birth control, emergency contraception 	<ul style="list-style-type: none"> • Some insurance plans accepted *bring insurance card* • Options (sliding scale) for individuals without health insurance. *Bring birth certificate and photo ID if this is the case*
5	<p>Regional Alliance for Healthy Schools Lincoln High School 7425 Willis Road Room P114 Ypsilanti, MI 48197</p>	<p>Please call to schedule an appointment. Open:</p> <p>Mondays (8 AM – 4 PM) Tuesdays & Fridays (8 AM – 12 PM) Wednesdays & Thursdays (8 AM – 3 PM)</p> <p style="text-align: center;">734-714-9600</p>	<p>RAHS clinics see school-aged children up to the age of 21.</p> <ul style="list-style-type: none"> • Testing: HIV, gonorrhea, chlamydia, and other sexually transmitted infections • Immunizations • STI treatment (on site) 	<ul style="list-style-type: none"> • Insurance billed and accepted (including Medicaid) • No patients will be turned away for inability to pay for services

Ambulatory Care Services
Expedited Partner Therapy for Chlamydia, Gonorrhea and Trichomonas:
Washtenaw County Residents

			<ul style="list-style-type: none"> • Insurance referrals 	
6	Regional Alliance for Healthy Schools Ypsilanti Community H.S. 2095 Packard Road Room 403 Ypsilanti, MI 48197	Please call to schedule an appointment. Open: Mondays, Wednesdays, & Thursdays (8 AM – 3 PM) Tuesdays & Fridays (8 AM – 12 PM) 734-221-1007	RAHS clinics see school-aged children up to the age of 21. <ul style="list-style-type: none"> • Testing: HIV, gonorrhea, chlamydia, and other sexually transmitted infections • Immunizations • STI treatment (on site) • Insurance referrals 	<ul style="list-style-type: none"> • Insurance billed and accepted (including Medicaid) • No patients will be turned away for inability to pay for services
7	Regional Alliance for Healthy Schools Pathways to Success Academic Campus 2800 Stone School Road Ann Arbor, MI 48104	Please call to schedule an appointment. Open: Mondays & Wednesdays (9 AM – 3 PM) 734-973-9167	RAHS clinics see school-aged children up to the age of 21. <ul style="list-style-type: none"> • Testing: HIV, gonorrhea, chlamydia, and other sexually transmitted infections • Immunizations • STI treatment (on site) • Insurance referrals 	<ul style="list-style-type: none"> • Insurance billed and accepted (including Medicaid) • No patients will be turned away for inability to pay for services

Ambulatory Care Services
Expedited Partner Therapy for Chlamydia, Gonorrhea and Trichomonas:
Washtenaw County Residents