Key Points:

- Expedited Partner Therapy (EPT) is a fast, convenient, and private way for sexual partner(s) to get treatment for chlamydia and/or gonorrhea without first being examined by a health care provider.
- If your sexual partner(s) are unwilling or unable to get prompt treatment, you will receive a prescription and/or medications to give to them. If you know your sexual partners’ preferred pharmacy, the prescription can be faxed.
- Your doctor can send medication to the pharmacy for you, or may recommend that you come back to the office for treatment.
- Men who have sex with men and anyone with a known allergy to azithromycin, cephalosporins or penicillin are not eligible for EPT.
- If you test positive for chlamydia and/or gonorrhea you must get treatment **as soon as possible**, in order to protect your own health and avoid spread to others.
  - Without treatment, Sexually Transmitted Infections (STIs) can cause serious, long-lasting health problems.
  - Take your medication as directed on the prescription. After taking the medicine, do not have sex for 7 (seven) days.
- You and your sexual partner(s) should have a repeat test for chlamydia, gonorrhea and HIV in 3 months. If you are pregnant, you should have a repeat test 3-4 weeks after treatment.
- Additional resources for STI testing and treatment in Washtenaw County can be found at the end of this document.
What is Expedited Partner Therapy?
Expedited Partner Therapy (EPT) is a fast, convenient, and private way for sexual partners to get treatment for STIs. In order to ensure that both the patient and their sexual partners receive treatment to fight the infection, the patient will receive a prescription for themselves and one for their sexual partners.

Which STIs does EPT treat?
EPT is for treatment of chlamydia and/or gonorrhea. Chlamydia and gonorrhea are bacterial STIs you get from having sex with someone who is already infected. Many people with these STIs do not know they have it because they feel fine.

Why do I need treatment?
It is important to get treatment as soon as possible to protect your health, to avoid spreading the STI to others, and to prevent yourself from being re-infected.
Without treatment, these STIs can cause serious health problems including:
- Pelvic inflammatory disease (PID)
- Ectopic pregnancy
- Infertility
- Increased risk of HIV

How do I get treatment for my sexual partners?
The best way for your partners to get treatment is to see their doctor or go to the local health department so they can discuss any concerns and check for additional infections. If your partners cannot get to a doctor, they should choose EPT for treatment.

If you indicate to your provider that your sexual partners are unwilling or unable to get treatment at their doctor's office, you will be provided a
prescription to give to them. Your sexual partners may fill the prescription at their preferred pharmacy. The name on the prescription for your sexual partners will be “Expedited Partner Therapy” with the birthdate “Jan. 1, (current year)”. 

If you know your sexual partners’ preferred pharmacy you can choose to have the prescription faxed to their pharmacy. Make sure you give your sexual partners the Order Number on the prescription. They must provide this number to the pharmacist in order to pick up their prescription.

**Who pays for my partners’ prescription(s)?**

Your sexual partners will be responsible for the cost of their medications. If your partners have prescription coverage, they can provide their insurance information so the pharmacy can bill their health plan. If your partners do not have health insurance they can contact their local health department for treatment.

At the end of this document you will find a list of additional resources for STI testing and treatment in Washtenaw County. For more information, or if you live outside of Washtenaw County, visit the Michigan Department of Health and Human Services STD (Sexually Transmitted Diseases) Program website at: [http://www.michigan.gov/hivstd](http://www.michigan.gov/hivstd) or call 1-517-241-5900

**What medications will my partners take?**

**EPT for Chlamydia:** Your sexual partners will take 1000mg of azithromycin orally in a single dose. This medication should be taken with food to avoid gastrointestinal symptoms.

**EPT for Gonorrhea:** Your sexual partners will take 800mg of cefixime orally in a single dose.

**Important things to know about the EPT medications:**

- Your partner should take their medications as directed.
• Some people may have a mild upset stomach.
• After taking the medicine, do not have sex for 7 (seven) days.
• Do not share your medication or give it to anyone else.
• It is important to tell everyone you have had sex with in the last 60 days that they need to see a doctor to be tested for STIs.

**What happens after STI treatment?**

It is important to make sure that your infection is gone after treatment. We recommend that you and your sexual partner(s) have a repeat test for chlamydia, gonorrhea and HIV in 3 months. If you are pregnant, you should have a repeat test at least 3-4 weeks after treatment.

**Precautions**

- **Do not** take these medications if you have had an allergic reaction to:
  - Azithromycin
  - Erythromycin
  - Clarithromycin
- Do not take ceftriaxone or cefixime if you have an allergy to cephalosporins or a life-threatening allergy to penicillin. If you do not know if you have an allergy, call your doctor or pharmacist before taking this medication.
- Contact your doctor before taking these medications if you have:
  - Kidney disease
  - Liver disease
  - Heart Disease
  - Colitis
  - Other stomach problems
- If you take other prescription medication(s), talk to your doctor and pharmacist before taking these medications.

**Precautions for specific groups:**
Women: If you have lower belly pain, pain during sex, vomiting, or a fever, do not take this medication. You should see a doctor to be certain you do not have Pelvic Inflammatory Disease (PID). PID can be serious and may lead to infertility, pregnancy problems, or chronic pelvic pain.

Pregnant Women: It is very important for you to see a doctor to get pregnancy services and prenatal care. The antibiotics for EPT are safe for pregnant women, but you still need to see a doctor as soon as possible. It is also important to note that doxycycline is an alternative therapy for chlamydia treatment, but pregnant women should not take it.

Men: If you have pain or swelling of your testicles, or have a fever, do not take this medication. See a doctor as soon as possible.

Men who have sex with men: Michigan continues to experience high rates of syphilis and HIV in men who have sex with men. Many men with gonorrhea and/or chlamydia could also have syphilis and/or HIV and not know it. If you are a man who has sex with other men, it is very important that you see a healthcare provider and get tested for HIV and syphilis. Since there is no data that shows benefit of using EPT in men who have sex with men, this group is not eligible for EPT.

How can I prevent STIs?

There are multiple ways to prevent STIs.

- Do not have sex. This is the only sure way to avoid getting or transmitting an STI.
- Use barrier methods, such as condoms and dental dams, every time you have sex
- Limit your number of sexual partners.
- Get regular medical exams, including testing for STIs.

Where can I learn more information?

For more information about EPT or STIs, please contact your healthcare provider or local public health department. You can also contact the Michigan
Department of Health and Human Services STD Program at (517) 241-0870 or www.michigan.gov/hivstd.

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Adapted from: Michigan Department of Community Health, Expedited Partner Therapy: Information Sheet for Patients and Partners, Reviewers: Susan Ernst, MD; Okeoma Mmeje, MD, MPH, Resource Table compiled by Gregory Woods

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# Local Sexual Health Resources

## Washtenaw County

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| **1**  
Washtenaw County Health Department  
555 Towner Street,  
Suite 1103  
Ypsilanti, MI 48198  
Please call **734-544-6840** to schedule an appointment. Check out their website for more information: [https://www.washtenaw.org/1343/Sexual-Health-Services-HIV-STI](https://www.washtenaw.org/1343/Sexual-Health-Services-HIV-STI)  
| - Testing: HIV, bacterial vaginosis (BV), chlamydia, gonorrhea, chlamydia, herpes, syphilis, genital warts, trichomonas, hepatitis B, and hepatitis C  
- Immunizations: Hepatitis BA, Hepatitis C, SyphilisB, HPV  
- Other: exams, FREE pregnancy testing, FREE condoms, birth control, pre-exposure prophylaxis (PrEP) for HIV, STI treatment, pap smears for women with Medicaid, court-ordered testing, health insurance enrollment.  
- Same day appointments may be available.  
- Bring photo ID, insurance card (if you have insurance), and your Social Security number to your appointment.  
| - Accepts Medicaid and Blue Cross Blue Shield of Michigan; bring insurance card if covered; no other private insurance is currently accepted.  
- FREE services: pregnancy testing and HIV testing; chlamydia & gonorrhea testing IF age 30 & under.  
- Other STI testing: Based off a sliding scale; minimum cost is $40 and can be as much as $160  
- Vaccines: $15 per vaccine, plus the cost of the vaccine.  
- Call or check their website for other prices/fees.  
- No one will be turned away because of an inability to pay. |
| **2**  
Planned Parenthood  
3100 Professional Dr.  
Ann Arbor, MI 48104  
Call for an appointment: **734-973-0710**  
Schedule an appointment on their website: [https://www.plannedparenthood.org/health-](https://www.plannedparenthood.org/health-)  
| - Testing: HIV, bacterial vaginosis (BV), chlamydia, gonorrhea, herpes, syphilis, genital warts, trichomonas, hepatitis A, and hepatitis B  
- **Immunizations**: Hepatitis A, Hepatitis B, HPV  
| - Fees for services are based on household income  
- Some insurance accepted (bring insurance card)  
- If you are uninsured, you may be eligible to receive financial assistance.  

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**Ambulatory Care Services**

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| Center/michigan/ann-arbor/48104/ann-arbor-east-health-center-3296-90630 | • Other: exams, pregnancy testing, condoms, birth control, emergency contraception (morning-after pill)  
• Same day appointments may be available. | You may be asked to bring documentation with you to the health center. Call for more information. |
| The Corner Health Clinic  
47 N Huron St.  
Ypsilanti, MI 48197 | Call for an appointment: 734-484-3600  
Schedule an appointment online: www.cornerhealth.org | • Testing: HIV, many types of STIs, pregnancy testing  
• Immunizations  
• Other: condoms (FREE), birth control, emergency contraception (morning-after pill/Plan B), pap smears, mental health, physicals | • If you have health insurance, bring your card to each visit  
• Sliding scale fees if you don’t have insurance (usually $5-$30 for a visit).  
• If you can’t afford your visit, you will not be turned away. |
| Regional Alliance for Healthy Schools (RAHS) Health Centers (see below for locations in Washtenaw County) | • Call any of our locations for an appointment.  
• You do not need to be a student at the school.  
• Same day appointments available | RAHS Clinics can see anyone in the community, age 21 or under.  
• Testing: HIV, chlamydia, gonorrhea, trichomonas, hepatitis, syphilis  
• Immunizations  
• On-site STI treatment  
• Other: pregnancy testing, help applying for insurance, education programs | • All insurances accepted, including Medicaid  
• No patients will be turned away for inability to pay |
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| **Locations in Washtenaw County:**  
RAHS – Lincoln High School 7425 Willis Rd., Room 304 Ypsilanti, MI 48197  
(734) 714-9600  
RAHS – Ypsilanti Community High School 2095 Packard Rd., Room 403 Ypsilanti, MI 48197  
(734) 221-1007  
RAHS – Pathways to Success Academic Campus 2800 Stone School Rd. Ann Arbor, MI 48104  
(734) 973-9167  
RAHS – Scarlett Middle School 3300 Lorraine, Room 204 Ann Arbor, MI 48108  
(734) 677-2708  
RAHS – Ypsilanti Community Middle School 510 Emerick Ypsilanti, MI 48198  
(734) 221-2271  
RAHS – Lincoln Middle School 8744 Whitaker Rd., Room 812 Ypsilanti, MI 48197  
(734) 714-9509 | **Unified – HIV Health and Beyond**  
2287 Ellsworth Rd, Suite B  
Ypsilanti, MI 48197  
734-572-9355  
Call for an appointment  
[https://miunified.org](https://miunified.org) | • Testing: HIV, chlamydia, gonorrhea, hepatitis C, syphilis  
• Other: HIV+ case management, needle exchange program, health insurance enrollment, education programs, support groups, referral services, tobacco reduction, various social services, FREE condoms | • HIV testing/services: FREE  
• Hepatitis C, gonorrhea, chlamydia, & syphilis testing: FREE |