

# Oral Hygiene for People with Disabilities

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## Where can I learn more about providing good oral hygiene for people with disabilities?

The following Internet resources can help you and your staff learn more about providing good oral hygiene for people with disabilities.

To access:

- Go to: [uofmhealth.org](http://uofmhealth.org)
- Click on the **Health Library** tab
- On the left side-bar click on: **Care Guides from Your UMHS Clinician**
- In the Keywords text-box type: **Oral Hygiene** and hit the Search button

We recommend that you review and print out the following handout:

### Dental Care Every Day: A Caregiver's Guide

This booklet provides step-by-step instructions for maintaining good oral health for family members or clients with special needs.

We also recommend watching the following videos

- Oral Hygiene for people with disabilities (State of MO). Also at: <http://www.youtube.com/watch?v=bqo2IKScr0Q>
- Cleaning Tongue, Lips, & using Mouthwash for People with Disabilities (ACHIEVA). Also at: <http://youtu.be/ucerLaH5uIY>
- Home Dental Care for People with Disabilities (ACHIEVA). Also at: <http://youtu.be/NsFizf8QrVY>

Disclaimer: This document is for informational purposes only and is not intended to take the place of the care and attention of your personal physician or other professional medical services. Talk with your doctor if you have Questions about individual health concerns or specific treatment options.

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