



Pre-Post Heart Transplant & LVAD Support Group

For Patients and Families

Meets Monthly on Mondays

10:00 AM - Noon

Room Number: UH 2C 108

2C 2nd Floor University Hospital across from the Gift Shop
Depending on other UMHS appointments, the closest parking is in structure P2

1500 E. Medical Center Drive
Ann Arbor, MI, 48109
Free to attend (parking not included)

Light Refreshments served



2019 Dates - 1/7, 2/4, 3/4, 4/1, 5/6, 6/3, 7/8, 8/5, 9/9, 10/7, 11/4, 12,2

The goal of this group is to offer patients and families a space to learn, share and connect with one another.

Topics include:

- physical and emotional wellness
- lifestyle
- coping
- stress management
- family adjustment

For more information please call:

Ruth Halben, LMSW (734) 763-9788
Rebecca Congdon, LMSW (734) 764-6205
Jessica Singer, LMSW (734) 615-7625

Heart Transplant & Center for Circulatory Support