

# HeartWare™ LVAD

## Wearable Options

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As a HeartWare® LVAD patient, you will begin to secure your controller and batteries in a patient pack. This is the pack that the controller and batteries should always be housed in when sleeping.

You will also get to choose another carrying case, or second wearable, prior to discharge. An occupational therapist will provide opportunities to carefully review each option. Some options are listed below.

### **Shoulder pack:**



The shoulder pack is a consolidated bag used to secure the controller and batteries in one bag using a cross body neck strap with or without the waist belt attachment. There are magnetic closures to this bag which should remain

at least 6” away from an implanted defibrillator (ICD) or pacemaker (see ICD or pacemaker manufacturer guidelines for additional information).

This pack is only to be used during times when the patient is awake. The patient pack should be used when the patient is sleeping.

### **Waist pack**



The waist pack is similar to a belt which also has a shoulder strap attachment. There are individual pockets on the belt to house the controller and each battery. Because there are magnetic closures on the flaps on each pocket, the belt should remain at least 6” away from an implanted defibrillator (ICD) or pacemaker (see ICD or pacemaker manufacturer guidelines for additional information).

This pack is only to be used during times when the patient is awake. The patient pack should be used when the patient is sleeping.

It is the manufacturers recommendation to use ONLY the patient pack, shoulder pack or waist pack when securing the HeartWare controller and batteries. All other ways to carry the controller and batteries should be avoided.

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