

# HeartMate 3™ Community Outing Checklist

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## **What items do I bring on my Community Outing?**

It is important to bring a suitcase/bag/backpack so you **can carry** the following items during your outing:

- 2 sets of fully charged batteries
- Discharge education binder with emergency phone number list
- Extra controller with battery clips attached to back up controller
- Cellular phone
- Blood pressure cuff (provided by U of M)
- Doppler blood pressure monitor (provided by U of M)
- **Remember to take** the mobile power unit (MPU) if you are planning on staying overnight somewhere.

### **Additional necessary items:**

- You can get the following items from your bedside nurse if needed:
  - Medication
  - Insulin pen
  - Sliding scale for insulin administration
  - Gait belt

### **Additional items you need to bring from home:**

- Home glucose meter (if needed)
- Bottle of water
- Flashlight
- Rain poncho or umbrella
- Outlet tester (purchased by patient)



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