The manufacturer of the Heartmate 3® has multiple options for helping you to hold and carry the external equipment of your LVAD. These wear and carry accessories include the:

- Holster vest
- Battery holster
- Consolidated bag
- Neck strap
- Belt attachment

After your surgery, you will receive a holster vest neck strap and belt attachment. An occupational therapist will review the other options with you during your recovery. Below you will find a description of each of these options.

**Heartmate 3 ® holster vest**

The holster vest is worn around your shoulders and under arms to secure only your batteries/battery clips. Your controller must be secured separately. The vest includes a chest strap.
Heartmate 3® battery holster
The battery holster has narrow webbing straps that are worn around your shoulders and under arms to secure your batteries/battery clips. Your controller must be secured separately.

Heartmate 3® consolidated bag
The consolidated bag is available for patients who have right or left side drivelines. The controller and batteries are secured in this cross body bag which also has belt strap.
**Heartmate 3® neck strap**
The neck strap is worn around your neck or across your body. It holds the system controller when you are connected to the Mobile Power Unit or during battery-powered operation.

**Heartmate 3® belt attachment**
The belt attachment is worn around your waist, on a belt. It holds the system controller when you are connected to the mobile power unit or during battery-powered operation.

**What are additional wearable options?**
For your comfort, we have also included some additional options for securing your batteries and controller. An occupational therapist will review these approved options with you.
**Cargo pants/shorts**

Cargo pants/shorts have pockets that are large enough to hold and secure your batteries. Most cargo pant styles would be acceptable. We suggest you consider purchasing cargo pants from Gander Mountain, Bass Pro shop or other sporting goods stores. They sell cargo pants available in both men and women styles/sizes.

**Fishing, hunting and photographer vests**

A variety of vests are available in multiple sizes and materials. They typically have pockets that are large enough to hold and secure your batteries. Some may even have pockets to secure your controller as well. Amazon is a good resource to look for these vests. Another vest option is the Bosco LVAD Vest®. The website [www.boscolvadvest.com](http://www.boscolvadvest.com) offers men’s and women's sizes in a variety of styles.
**LVADshirt®**

The LVADshirt® is made of a light, breathable fabric that can be worn under your clothes. The shirt has pockets on both sides that provide a safe space for your batteries. It also helps to distribute the weight of your batteries evenly. To purchase, go to [www.lvadshirt.com](http://www.lvadshirt.com)

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**Tactical holster shirt**

The Tactical holster shirt is designed with two pockets on the side to conceal your batteries/battery clips. They are available in crew neck or V neck and multiple colors. If you chose this option, you must wear your controller on a neck strap or belt attachment. Examples of these shirts can be found at these websites: [www.undertechundercover.com](http://www.undertechundercover.com) or [www.511tactica](http://www.511tactica)