

# Welcome to the Anticoagulation Program

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Dear Patient,

On behalf of the Anticoagulation Program Team, we welcome you to Michigan Medicine! Your anticoagulation team consists of doctors, pharmacists, nurses, and clerical staff. As a patient with a Left Ventricular Assist Device (LVAD) you will need to be on blood thinners. We will assist you in monitoring your warfarin (Coumadin®) therapy.

**Our team will provide you with the following services:**

- Review your laboratory test results and adjust your dose accordingly.
- Advise you on diet choices to help warfarin work effectively.
- Advise you on safety precautions related to this medication.

Please take a moment to read the helpful handouts in this section of your education binder to help you gain a better understanding of your blood thinner. There is also a magnet which contains our contact information, as well as answers to commonly asked questions. The handouts in this binder are also available for you to review online. Visit:

<http://careguides.med.umich.edu/anticoag> and use the search box to find the handout you would like to view or print.

Also, please consider setting up access to your patient portal for convenient 24-hour access to your medical information. If you are interested, please log on to [www.MyUofMHealth.org](http://www.MyUofMHealth.org), and follow the steps to create an account.

If you have any further concerns, please feel free to call our office Monday through Friday between 8am to 5pm at (734) 998-6944.

Sincerely  
The Anticoagulation Program Team



**For Emergencies: Call the VAD emergency number at (734) 477-6722**

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: CVC Patient Education Reviewer: Bethany Lee-Lehner, RN, MSN

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## Keeping Track of your warfarin (Coumadin)

Use the diary below to track your warfarin medication. For each day of the week, write the amount (in milligrams) of warfarin you took. Add this number up in the **weekly total** column at the end of each week (Saturday).

[illegible]

[illegible]

