

# Implantable Cardiac Device Peer Mentor Program

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The Device Clinic has trained peer mentors waiting to talk to you!

- Do you have an Implantable Cardioverter-Defibrillator (ICD) and have questions that only someone else living with an ICD can answer?
- Will you need an ICD sometime in the future?
- Are you a family member or caregiver with questions that only another family member or caregiver can answer?

To offer the most support to our patients who have an ICD or are being considered for one, the Device Clinic has trained **peer mentors**. These mentors are available to answers these questions for you and your family.

## **What is a trained peer mentor?**

A **peer mentor** is a patient who has been on a similar health journey to the one you are facing. Each peer mentor in the device clinic has been living with an ICD and is available to share their experiences, answer your questions, and discuss what life is like when you have an ICD.

## **How can I be matched with a peer mentor?**

If you feel you may benefit from being connected to one of our mentors, please contact **Sara Licata** at (734) 232-1559 or [saraek@umich.edu](mailto:saraek@umich.edu).

We look forward to connecting you with a mentor. Think about what you could gain from talking with someone who has gone through the same experience as you!

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.

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