Related terms:
- Heart Valve Disease
- Aortic Valve Replacement
- Transcatheter Aortic Valve Replacement (TAVR)
- Transcatheter Aortic Valve Implantation (TAVI)
- Mitral Valve Surgery
- Mitral Clip
- Mitral Valve in Valve Replacement
- Mitral Valvuloplasty
- NeoChord Mitral Valve Repair System
- Transcatheter Mitral Valve Replacement
- Tricuspid Valve in Valve Replacement

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center, room 2101 in the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center and online Information guides at http://infoguides.med.umich.edu/home

**Michigan Medicine Resources**
- Department of Cardiac Surgery
  https://medicine.umich.edu/dept/cardiac-surgery/
  → Click on “Patient Information” on left side menu
  → On this page, click on “Adult Conditions & Treatments”
  → Click on “Heart Valve Disease”

The Michigan Medicine Department of Cardiac Surgery site includes information on Heart Valve Disease as well as information on Heart Valve Repair and Replacement. Information on Cardiac Surgery doctors and clinical activities are also included.
• Michigan Medicine Frankel Cardiovascular Center Heart Valve Disease Program
  o Aortic Valve Disease
    http://www.umcvc.org/conditions-treatments/aortic-valve-disease
    ▪ Transcatheter Aortic Valve Replacement (TAVR)
      http://www.umcvc.org/conditions-treatments/transcatheter-aortic-valve-replacement-tavr
  o Mitral Valve Disease
    https://www.umcvc.org/conditions-treatments/mitral-valve-disease
    ▪ Mitral Valve Repair and Treatment
      https://www.umcvc.org/conditions-treatments/mitral-valve-repair-and-treatment
  o Tricuspid Valve Disease
    https://www.umcvc.org/conditions-treatments/tricuspid-valve-disease

• Michigan Medicine Frankel Cardiovascular Center Cardiovascular Disease Prevention & Rehabilitation program at Domino’s Farms offers a number of relevant program and services including:
  o Cardiac Rehabilitation Program
  o Exercise Consultations
  o Nutrition Services
  o Stress Management Services

For more information access http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation
or call: 734.888.287.1082.

• Tobacco Consultation Service
  Group and individual quit-smoking programs.
  For more information access: http://hr.umich.edu/mhealthy/programs/tobacco/ or call (734) 998-6222
  or email quitsmoking@med.umich.edu
Brochures & Fact sheets

- American Heart Association
  - Your Heart Valve Surgery
  - Your Mitral Valve Prolapse

- Krames
  - Heart Valve Surgery
  - Understanding Heart Valve Disease

Books


Audiovisual Resources


Heart Valve Disorders & Surgery

INFORMATION GUIDE


- Michigan Medicine Frankel Cardiovascular Center. Introduction to TAVR at the University of Michigan. [https://www.youtube.com/watch?v=IK8W4CN1Q8Q&feature=youtu.be](https://www.youtube.com/watch?v=IK8W4CN1Q8Q&feature=youtu.be)

Web Resources

- [American Heart Association: Heart Valve Problems and Disease](https://www.heart.org/en/health-topics/heart-valve-problems-and-disease)

- [HeartValveSurgery.com](http://www.heart-valve-surgery.com/) This site was founded by Adam Pick, a former double heart valve surgery patient. The site provides resources to help patients learn about valves, prepare for surgery and help with their recovery. There is also an online community for patients and families.

- [National Heart, Lung, and Blood Institute: Heart Valve Disease](https://www.nhlbi.nih.gov/health-topics/heart-valve-disease) This section provides an easy-to-read overview of risk factors, signs and symptoms, diagnosis, and treatment of heart valve disease.
• Society of Thoracic Surgeons
  This site provides information on Aortic, Mitral and Tricuspid Valve Disease. Information includes an overview, causes and symptoms and treatment options.
  o Aortic Valve Disease
    https://ctsurgerypatients.org/adult-heart-disease/aortic-valve-disease-0
  o Mitral Valve Disease
    https://ctsurgerypatients.org/adult-heart-disease/mitral-valve-disease
  o Tricuspid Valve Disease
    https://ctsurgerypatients.org/adult-heart-disease/tricuspid-valve-disease

Patient Support Organization
• American Heart Association
  http://www.heart.org/
  1-800-242-8721

• HeartValveSurgery.com
  http://www.heart-valve-surgery.com/
  (888) 725-4311
  adam@heartvalvesurgery.com

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